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To: Haley, Nikki; perspective@wistv.com; letters@theitem.com

Cc:

Subject: OBESITY AND THE GOVERNOR

If the governor wants to fight obesity, she needs to declare war on sugar. Sugar is cocaine for children and many adults. Almost everything in the grocery contains sugar.

All canned Goods including vegetables contain sugar. It's time to stop talking and

start doing. Today, the only way to avoid sugar, is to do the cooking yourself.

There

is no nutrition in sugar, it's totally fat. Soft drinks contain eight spoonfuls of sugar and it's nothing but fat.

Lee Ingle

Sumter