

## Rheumatoid Arthritis

This one-hour session covers the following topics:

- What are the symptoms of rheumatoid arthritis?
- What kind of lifestyle changes do I need to make to ease the pain of my rheumatoid arthritis?
- What treatment options are available?



**When:** Thursday, November 21, 2013; noon-1 p.m. with a light lunch served

**Where:** Cecil Tillis Center, 2111 Simpkins Lane, Columbia, SC 29204. Click [here](#) for directions.

**Cost:** Free

This session will be presented by Supen Patel, MD, Board Certified Rheumatology & Internal Medicine. It is open to state employees, retirees, spouses and dependents.

Spaces are limited. Click [here](#) to go to the Prevention Partners Training Calendar, and click the “Register” box next to the workshop name. If you cannot register online please fill out and fax in this [registration form](#). **The registration deadline is Friday, November 15, 2013.**

Contact Ramsey Makhuli at 803-737-3823 if you have any questions.