

State of South Carolina

Governor's Proclamation

WHEREAS, with roots tracing back to ancient Korea, Tae Kwon Do is a non-aggressive system of self-defense that has spread internationally to become one of the world's most successful and popular martial arts; and

WHEREAS, Tae Kwon Do training involves a variety of physical techniques using bare hands and feet, including blocks, kicks, punches, and open-handed strikes, that incorporate mental skills such as balance, coordination, discipline, strategy, and focus, creating a balance of power and beauty; and

WHEREAS, most famous for its wide range of kicks, Tae Kwon Do also emphasizes discipline and self-knowledge in a program of total fitness that integrates mind, body, and spirit.

NOW, THEREFORE, I, Nikki R. Haley, Governor of the Great State of South Carolina, do hereby proclaim September 28, 2013, as

TAE KWON DO DAY

throughout the state and encourage all South Carolinians to learn more about Tae Kwon Do and the positive physical and mental benefits of participation in martial arts.



NIKKI R. HALEY
GOVERNOR
STATE OF SOUTH CAROLINA