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## **Senior Centers: Partners in Community Living**

Each year in September we pause to honor our nation's senior centers. The 2016 [National Senior Center Month](#) theme, Find Balance at Your Center!, highlights how senior centers are providing programs that focus on the whole person allowing seniors to live healthier lives and stay involved in their communities. I have had the pleasure of visiting senior centers around the country and I have seen firsthand how these community hubs are linking older adults with critical programs and services.

At ACL, we recognize senior centers as valued partners in our effort to promote community living by keeping older Americans active, informed and healthy. Although the modern day senior center can be traced back to the 1940s, they grew rapidly with the passage of the Older Americans Act in 1965 and are continuing to enrich communities by harnessing the power and potential of older adults. Many senior centers serve as important focal points for the delivery of comprehensive services. To read more, [click here](#).

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