

From: [AgingCare Newsletter <newsletter@agingcare.com>](#)  
To: [Kester, Tonykester@aging.sc.gov](#)  
Date: 4/18/2015 6:01:53 AM  
Subject: 10 things about mild cognitive impairment; Healthy meals when no time to cook

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## *Answers And Emotional Support While Caring For An Elder*

### NEWS AND ARTICLES »

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[Having a Purpose in Life Protects Your Brain](#)

[ [from Emotional Wellbeing »](#) ]

[The Difference Between Short and Long-Term Home Health Care](#)

[ [from Home Care »](#) ]

[How to Make Healthy Meals When You Have No Time to Cook](#)

[ [from Life as a Caregiver »](#) ]

[Mild Cognitive Impairment: 10 Things to Know](#)

[ [from Alzheimer's & Dementia »](#) ]

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**Q:** [How do I come to terms that I hate my narcissistic Mom?](#)

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**Q:** [Grandma has no place to go. What are we supposed to do now?](#)

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**Q:** [Is it best to care for my Mom at home? Overwhelmed....](#)

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### [Funeral Homes: Howell, Edwards, Doerksen with Rigdon-Ransom Funeral Directors](#)

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