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**To:** Kester, Tonykester@aging.sc.gov  
**Date:** 4/23/2015 11:12:31 AM  
**Subject:** Choosing a Nursing Home

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**Choosing a Nursing Home** • April 16, 2015 • Issue #804

## EDITOR'S PEN

Gary Barg, Editor-in-Chief

# The Partnership of a Lifetime

Lately, I have been hearing from a lot of caregivers about dealing with their loved ones' medical professionals. It doesn't matter if you live in a bustling metropolis or in scenic rural community; this seems to be an issue of great importance to all of us. In response, I'd like to share the following email from a reader also dealing with this issue.

*Dear Gary,*

*It seems that as my relatives have reached the stages in lives where their health has become an issue and caregiving has been needed, I increasingly find that those providing the day-to-day care are not given information or respect by the "professionals" in the medical community. As one who has found through unhappy experience that these people don't know everything, I tend to read extensively and look for as much helpful information as I can. ...*

[more](#)

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### FEATURED ARTICLE

## Depression After Stroke

*By Jennifer Bradley, Staff Writer*

Nearly two-thirds of people who experience a stroke also find themselves battling depression. It can be attributed to a variety of causes including the emotions due to physical losses or simply the overwhelming reality of going through the therapy needed to recover. Depression after a stroke can also stem from biochemical changes in the brain. A brain injury can interfere with a person's previously normal emotional state. [...more](#)

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### GUEST ARTICLE

## Eating Difficulties

*By Kelly Collier, OTR*

Suppose the person you are caring for has not been eating well for some time now. This is a great concern, as adequate nutrition is essential for maintaining optimal health and well-being. Eating problems are common and can be the result of many factors. [...more](#)

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## CARETIPS

### Six Questions You Should Ask Before Choosing a Nursing Home

"Use your nose."

That used to be standard advice given to people searching for prospective nursing homes for themselves or their loved ones. [...more](#)

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## CAREVERSES

### It's Right

*By Jo Mason*

This thing I do...  
I've heard those words;  
Haven't you?

Most people hope to avoid  
This thing I do.  
It's impossible without the Lord.

As well as my husband dear,  
Without whose help  
My ability would disappear.

[...more](#)

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