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Choosing a Nursing Home • April 16, 2015 • Issue #804

EDITOR'S PEN

Gary Barg, Editor-in-Chief

The Partnership of a Lifetime

Lately, I have been hearing from a lot of caregivers about dealing with their loved ones' medical professionals. It doesn't matter if you live in a bustling metropolis or in scenic rural community; this seems to be an issue of great importance to all of us. In response, I'd like to share the following email from a reader also dealing with this issue.

Dear Gary,

It seems that as my relatives have reached the stages in lives where their health has become an issue and caregiving has been needed, I increasingly find that those providing the day-to-day care are not given information or respect by the "professionals" in the medical community. As one who has found through unhappy experience that these people don't know everything, I tend to read extensively and look for as much helpful information as I can. ...

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FEATURED ARTICLE

Depression After Stroke

By Jennifer Bradley, Staff Writer

Nearly two-thirds of people who experience a stroke also find themselves battling depression. It can be attributed to a variety of causes including the emotions due to physical losses or simply the overwhelming reality of going through the therapy needed to recover. Depression after a stroke can also stem from biochemical changes in the brain. A brain injury can interfere with a person's previously normal emotional state. [...more](#)

GUEST ARTICLE

Eating Difficulties

By Kelly Collier, OTR

Suppose the person you are caring for has not been eating well for some time now. This is a great concern, as adequate nutrition is essential for maintaining optimal health and well-being. Eating problems are common and can be the result of many factors. [...more](#)

CARETIPS

Six Questions You Should Ask Before Choosing a Nursing Home

“Use your nose.”

That used to be standard advice given to people searching for prospective nursing homes for themselves or their loved ones. [...more](#)

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CAREVERSESES

It's Right

By Jo Mason

This thing I do...
I've heard those words;
Haven't you?

Most people hope to avoid
This thing I do.
It's impossible without the Lord.

As well as my husband dear,
Without whose help
My ability would disappear.

[...more](#)

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