

From: AgingCare Newsletter <newsletter@agingcare.com>  
To: Kester, Tonykester@aging.sc.gov  
Date: 12/9/2015 9:03:05 AM  
Subject: Reducing senior loneliness; Avoiding holiday money pits

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## *Answers And Emotional Support While Caring For An Elder*

### News And Articles »

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#### [Insider Tips for Choosing an Assisted Living Facility](#)

Take the time to recognize these important aspects of assisted living that will help you and your loved one make the right decision. [More »](#)

#### [The Holidays and Senior Money Pits](#)

Nothing signifies the arrival of the holiday season like receiving an onslaught of catalogs. One blogger shares her struggle with a loved one's impulsive mail-order purchases. [More »](#)

#### [Rules for Paying Independent Caregivers for Overtime](#)

It's not always easy to understand when you need to pay a caregiver overtime, but these rules will help you identify when they qualify. [More »](#)

#### [Reducing Loneliness in Elders around the Holidays](#)

The holidays bring happy times, but they may also bring isolation and feelings of loneliness. Find out how to enhance your loved one's holiday experience. [More »](#)

#### **Senior Safety Walk-in Bathtubs by American Tubs**

Customizable senior safety walk-in bathtubs with Air/Hydro massage, Chromatherapy, Aromatherapy, Micro Bubbles System, and quick drain system. [Learn more about American Tubs.](#)

### Community Questions And Answers »

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#### **Q: What do you get your loved one for Christmas?**

People keep asking what she would like, and I need ideas for things to tell them.

#### **Q: Does dementia affect pain tolerance?**

Mom has reason for pain, but no amount of medication makes her feel better. Now the doctor says the pain isn't real.

#### **Q: Dad in memory care is getting nasty. Any advice?**

No problems until recently. He screams at other patients walk by. Lately, he's put his fist up to another man's face.

#### **Q: Feeling duped into caring for my husband's grandparents. Advice?**

When I ask about when will we be getting them settled in a home; my husband just says..

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