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## EDITOR'S PEN

Gary Barg, Editor-in-Chief

# Slammin' the Scammers

As a card-carrying curmudgeon, I pride myself in not trusting until I have verified. That includes a lot of the information we have discussed over the years, such as scams that are “phishing” for your confidential information in order to steal your identity. So it is with no little humiliation that I share the following story with you. [...more](#)

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## FEATURED ARTICLE

### Caring for Stroke

*By Janie Rosman, Staff Writer*

Caregivers must be patient with their loved ones and with themselves and know the signs of a stroke. The two major types of stroke are ischemic and hemorrhagic. To lessen the possibility of death and disability; the F.A.S.T. acronym is important: [...more](#)

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## GUEST ARTICLE

### Is There Anything Funny about Alzheimer's Disease?

*By Kathie Chicoine*

Of course, there's nothing remotely funny about the disease itself. There are, however, funny situations that will occur. As a nurse who has worked with families and residents on Alzheimer/Dementia units for twenty years, I've been able to see that families who are able to cope with the disease by using humor have a much easier time of it. [...more](#)

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## CARETIPS

### Making Prescription Refills Easier

*By Sabrina Bullock, RN, BSN*

Caregivers face many challenges including making sure medications are refilled and there are many things which can make this easier.

Firstly, do not wait till the last pill as this may lead to other problems. You may be able to get the medication refilled, but you may end up finding the prescription has expired or has no more refills left. [...more](#)

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### CAREVERSE

## Healing Glue

By Mary Jedlicka Humston

I wake up from a nap.  
    There he is.  
I emerge from the shower.  
    There he is.  
I walk into the kitchen, hungry.  
    There he is.  
I need medication, vitamins.  
    There he is.  
I need a hug, a kiss, a smile.  
    There he is.  
I go to appointments, treatments.  
    There he is.  
Whenever I needed him while  
Journeying with thyroid cancer,  
    There he was.  
And, now, with it all behind me,  
    Still, there he is.

Enjoy more caregiver poems  
or share one of your own

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