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## EDITOR'S PEN

Gary Barg, Editor-in-Chief

# An Interview with Julie Newmar

*Julie Newmar, star of stage, screen and television, comes by her love of performing naturally as the daughter of a Ziegfeld Follies performer.*

**Gary Barg:** You are a wonderful caregiver for your son, John. Can you tell me a little about it?

**Julie Newmar:** It is easy; it is natural.

**Gary Barg:** How is he doing?

**Julie Newmar:** Oh, beautifully. He is so healthy. I mean, what a joy! [...more](#)

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## IN THIS ISSUE

**An Interview with Julie Newmar**

**How To Be A Parkinson's Caregiver**

**What You Should Know About FTD**

**Encouraging Eating: Advice for At-Home Dementia Caregivers**

**CareNotes**

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## FEATURED ARTICLE

# How To Be A Parkinson's Caregiver

*By Jennifer Bradley, Staff Writer*

As any caregiver knows, Parkinson's disease is both chronic and progressive. It persists over a long period of time and the symptoms worsen. Often the disease has been present for many years before active care even is necessary. This fact alone can bring many challenges along the way. A loved one secretly may have adapted their life to this condition, hiding any symptoms. [...more](#)

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## GUEST ARTICLE

# What You Should Know About FTD

*By Mary Gennerman, OTR/L  
and Kim Warchol, OTR/L*

A loved one turns 50 (or so), impulsively buys a flashy sports car that he can't afford, aggressively propositions women in restaurants, swears at his boss, then lobs insults at you when you suggest that he settle down. You might think that he's having a somewhat tardy midlife crisis...but he's not.

The real problem may be a type of dementia called frontotemporal degeneration (FTD) that leaves memory intact while causing disturbing changes in behavior, personality and/or language. [...more](#)

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## CARETIPS

# Encouraging Eating: Advice for At-Home Dementia Caregivers

Food, eating, and mealtimes are important parts of life. Food gives us life-sustaining nourishment and contributes to good health, eating satisfies our hunger and stimulates our senses, and mealtimes can be important sharing and social times with family and friends. Many of our favorite experiences and memories—preparing and sharing holiday dinners with family members, celebrating birthdays and other life events with special meals, and getting together with friends for lunch or dinner—involve eating and food. [...more](#)

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### CARENOTES

#### From Rick:

I am a live in care giver for a 62 year old friend who is a quadriplegic. I have been having problems with people showing up unannounced and unwelcome. Do I have any rights seeing as how I take care of him and all his property and I live here full time? [...more](#)

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