

From: Stephanie Benjamin <Stephanie@louriecentersc.com>

To:

Date: 9/30/2014 4:28:53 PM

Subject: Fall Festival is Here!

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PALMETTO HEALTH COMMUNITY SCREENINGS INFO

The Lourie Center
1650 Park Circle
Columbia, SC 29201

803-779-1971

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Health and Wellness Expo Friday October 3, 9 am - 2 pm

Free and Open to the Public-No Reservations
Needed.

Only a few more days until the Friday October 3 Fall Festival here at the Lourie Center and we are so excited to have you with us!

We welcome you all to what is always a very fun and informative festival. Nearly 40 senior service providers and community partners will be present to share information and resources on what they have to offer. There will be music, health screenings a chili lunch, and more! The Fall Festival is FREE AND OPEN TO ALL, including non-members. In fact, we welcome you to bring a friend (or two or three) and make a day of it together.

****8:30 AM – 2:30 PM** The Lourie Center's 5Points Wheels shuttle bus will be providing FREE transportation to the festival from Christopher Towers, Finley House, and Marion Street Apartments.

SCHEDULE OF EVENTS

9 AM – 1 PM Palmetto Health Community Screenings: Prostate, Type 2 Diabetes, Body Mass Index. These are the ONLY screenings folks can pre-register for. To pre-register for these screenings, call PALMETTO HEALTH CARE CALL at 296-2273.

9 AM-1 PM Trigger Point Therapy with Foundation for Wellness Professionals.

9 AM-1 PM Blood Pressure Screenings with PruittHealth

9 AM-1 PM Carotid Artery Screening with Advanced Diagnostics/Hospice Advantage

9 AM-1 PM Lourie Center Jewelry Sale (Lobby)

9 AM- 12 PM Walgreens flu shots (bring your Medicare card or \$25 exact cash)

11:30 AM-1 PM \$5 Chili Luncheon, sponsored by The Haven
the Summit

Stage Performance Schedule:

9 AM-1 PM- Tyler Ryan, Master of Ceremonies

10 AM-1 PM- Door Prizes, at random intervals

9:15 9:45 AM-New Horizons Dixieland Combo

10:15-10:30 AM - PAALS Assistant Animal Demonstration

10:30-10:50 AM - Surprise Performance

11 AM-12 PM-USC's Cocky

11:10-11:20 AM- Creative Oriental Dance Demonstration

11:40-11:50 AM- Tai Chi Demonstration with Ken Wallace and
friends

12-12:15 PM- Benedict College Concert Choir

12:30 PM- Surprise Performance

1 PM-2 PM Elvis impersonator Phil Urban

SEE YOU FRIDAY!