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Subject: Share our award-winning falls video

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## Share our award-winning falls video

Our *6 Steps to Prevent a Fall* video recently won a national award. The 90-second spot offers easy tips to help older adults reduce their risk of a fall. It's available in both English and Spanish.

Watch and share

July 12, 2016

## House subcommittee maintains SHIP, SCSEP funding

Last week, the House Labor-HHS-Education Appropriations Subcommittee approved its FY17 funding bill, and a full Committee markup is scheduled for tomorrow. In stark contrast to the Senate, the House increased funding for many Older Americans Act programs, and maintained funding levels for the State Health Insurance Assistance Program (SHIP) and Senior Community Service Employment Program (SCSEP). NCOA organized a House letter signed by 65 organizations urging at least level funding. More information about the bill and advocacy efforts will be in next week's newsletter.

[See what was funded](#) | [Read our SHIP letter](#) | [Watch the Committee markup tomorrow @ 10 a.m.](#)

## 3 lessons for transitioning into retirement

When is the best time to retire? No matter what your situation, there is a lot to think about before taking action. Check out the latest blog from our My Medicare Matters® team for three "transitioning into retirement" stories that may sound familiar.

[Read the stories](#)

## Where We Live: Communities for All Ages

What makes a neighborhood a place where we want to live? A new book from AARP highlights more than 100 initiatives that mayors nationwide have launched to improve their communities, respond to pressing issues, and build partnerships.

[Here's what they did](#)

### *Coming up...*

- **Engaging HIV+ Older Adults in CDSME:** Explore demographic information on the prevalence of HIV in older adults and the Positive Self-Management Program. *July 19 @ 3 p.m. ET*
- **Innovations to Promote and Sustain Falls Prevention Programs:** Get ready for Falls Prevention Awareness Day on Sept. 22 with new resources and tools. *Aug. 10 @ 2 p.m. ET*

## ***Did you miss this?***

- **Senior Center Month 2016:** Use our ideas to celebrate this September!
- **Malnutrition Awareness Week: Sept. 26-30:** Join the American Society for Parenteral and Enteral Nutrition (ASPEN) and NCOA to spread the word about malnutrition among seniors.

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