

From: AgingCare Newsletter <newsletter@agingcare.com>
To: Kester, Tonykester@aging.sc.gov
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Subject: Tips for holiday meal restrictions; When is it time to place a loved one with dementia?

Answers And Emotional Support While Caring For An Elder

News And Articles »

When is it Time to Place a Loved One with Dementia?

How do you know when it's time if it's different for every person? One of our bloggers weighs in on this question and provides other insider tips to be aware of. [More »](#)

Adult Day Care Can Fill a Gap for Caregivers

Need a few extra hours to run errands and prepare for the holidays? Don't fret, adult day care is the perfect answer. See what services they can provide. [More »](#)

Light Therapy: For Caregivers and Dementia Patients

The holiday season brings joy to many, but for some, winter can cause unexplained fatigue and irritability. Seasonal affective disorder (SAD) is real and can put a damper on your celebrations. Discover how you can prevent the symptoms. [More »](#)

Holiday Meal Tips for People With Dietary Restrictions

Families are already preparing for their Thanksgiving feasts, but have you taken your loved ones' dietary restrictions into consideration? Find out how to tailor your meal to accommodate certain health issues. [More »](#)

Senior Safety Walk-in Bathtubs by American Tubs

Customizable senior safety walk-in bathtubs with Air/Hydro massage, Chromatherapy, Aromatherapy, Micro Bubbles System, and quick drain system. [Learn more about American Tubs.](#)

Community Questions And Answers »

Q: How do we handle our Mother in denial about husband's illness?

I am learning that denial can be dangerous.

Q: How to deal with the holidays as a caregiver?

I am caring for my father, living at home.

Q: My husband refuses to go to adult daycare. Any advice?

Husband refuses to go. I have to trick him into thinking he has a Dr. appointment or he won't even get into the car.

Q: I have absolutely no idea of what I'm doing. Mother is going downhill fast. Advice?

I think she needs to go to the hospital, but I'm not sure. I feel so alone, trying to make the judgment calls.

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