

# FIRST DAY HIKE 2022



**scstateparks** Get your #StepsInSCStateParks started this year with a First Day Hike! This year, attend a scheduled First Day Hike and pick up a sticker! Share your 2022 First Day Hike moments by using #SCStateParks, #StepsInSCStateParks, and #FirstDayHikes on social media.

at 15:20:07 on 12/27/2021 UTC

**dr.alsejuit** @rover\_stover and @beanzie.beanz

at 15:27:01 on 12/27/2021 UTC



**deputyday2019** Here's to hoping the weather cooperates 🤞

at 15:56:34 on 12/27/2021 UTC

**southpointsurvival** @scstateparks where is this held or is this any of the sc state parks?

at 15:56:55 on 12/27/2021 UTC



**scstateparks** @southpointsurvival check the link in our bio for a full list of all scheduled ranger led hikes!

at 16:01:46 on 12/27/2021 UTC

**kayacday** See you at Cheraw State Park!

at 16:13:43 on 12/27/2021 UTC

**abfarnum** @jepimai

at 17:08:22 on 12/27/2021 UTC

**dnancejr** @smiles\_while\_she\_runs

at 18:40:22 on 12/27/2021 UTC

[scultimateoutsider](#) See you there @perrygshaw  
at 19:11:23 on 12/27/2021 UTC

[donna.demicis](#) Hypothetically, what if you're really outta shape and need to start slow?  
Hypothetically . . .  
at 19:46:01 on 12/27/2021 UTC

[annieville843](#) @cptnglitter to kick off the outdoor challenge??  
at 20:50:28 on 12/27/2021 UTC

[bethroxell](#) @donna.demicis what part of reg state do you live? First Day Hike is an awesome way to get started! It's how we did several years ago. There are all levels of Trails available throughout the state. There are also groups like @hikerbabessc and @girlswhohikesc who have chapters all over SC and would love to help you get started. If you are in the Upstate, msg me and I will help you find a trail. Also check the @scstateparks First Day Hikes list to see what organized hikes will be taking place near you. It's so much fun and great exercise & confidence builder!  
at 21:49:44 on 12/27/2021 UTC

[usrifle\\_30cal\\_m1](#) @laur\_chia @\_k.lepera\_  
at 22:44:19 on 12/27/2021 UTC

[susan.mckinney.80](#) Table Rock for us and we just did Paris Mt. yesterday.  
at 0:19:53 on 12/28/2021 UTC

[doerring64](#) I love scstateparks! I walk n one or more every week. We are blessed in Sc to have so many state parks all over the state. #scparks #firstdaywalks  
at 2:14:36 on 12/28/2021 UTC

[girlswhohikesc](#) @bethroxell thanks for the shoutout Beth ☺  
at 13:56:18 on 12/28/2021 UTC

[girlswhohikesc](#) @donna.demicis hey Donna! If you join our Facebook group we have multiple events every month ranging from beginner to advanced! There's something for everyone! We'd love to have you join us 😊  
at 13:57:17 on 12/28/2021 UTC

[xannieeatonx](#) @kevd\_obrien We should grab one!  
at 18:33:22 on 12/28/2021 UTC

[hans\\_a\\_make\\_her\\_dance](#) @sheauwn.kelley  
at 5:29:21 on 12/29/2021 UTC

[sheauwn.kelley](#) @hans\_a\_make\_her\_dance do I hear "free" stickers?!  
at 5:30:23 on 12/29/2021 UTC

[hans\\_a\\_make\\_her\\_dance](#) @sheauwn.kelley for the small price of hiking in SC which doesn't sound half bad 😊  
at 5:30:54 on 12/29/2021 UTC

[sheauwn.kelley](#) @hans\_a\_make\_her\_dance it's not like I wasn't going to hike in SC! 😊 it's a win win!  
at 5:31:33 on 12/29/2021 UTC

[betsysmith10s](#) A dual historic visit to start 2022: Battle of Musgrove Hill and Rose Hill Plantation. Can't wait!  
at 14:32:28 on 12/31/2021 UTC