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EDITOR'S PEN

Gary Barg, Editor-in-Chief

He's BAACK: The Caregiver Curmudgeon

When we created Today's Caregiver magazine 22 years ago, there were very few voices in the wilderness talking about the issue of family caregiving. There are now (thankfully) a significant amount of people talking and writing about caregivers and caregiving, as well as representing family caregivers on their television programs. So now, I think, is the time to establish some mutually agreed upon language commandments about caregiving. Language is so very important because the words we use help establish the feelings we have as a society about subjects of great importance. And what can be more important than caregiving? ...[more](#)

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FEATURED ARTICLE

A Systems' Approach to Safer Caregiving

By Daniel Hunter, MA

The personal impacts of work-related injuries to caregivers—including certified nursing assistants (CNAs), home health aides, and family caregivers—can often be severe. While the care setting may differ, be it a nursing home, a residential care facility or a family home, the risks and physical load associated with caring for others are shared. One certified nursing assistant (CNA) who sprained her knee while helping a resident get dressed reflected on what her injury meant for her family:

It's hard. I have a five-year-old son and we just started teaching him how to ride his bike. I couldn't be the one to do that. [...more](#)

GUEST ARTICLE

BREATHE

By Helen Hill

"Mom, can you hear me?" This is usually how the conversation goes when it is clear my mother has either not caught what I said on the phone, or is otherwise distracted by something more interesting than my voice. "I said I'd be by to pick you up in 20 minutes. Do you think you could wait for me in the lobby?" [...more](#)

CARETIPS

Driving Skills Checklist

If you answer yes to any of the following questions, you should be concerned about your loved one's driving skills. It might be time to ask whether it's time they retire the keys.

- Has a friend or family member expressed concern about your loved one's driving? [...more](#)
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CAREVERSES

Special People

by Phyllis Porter Dolislager

I think there will be a special place in heaven for caregivers.

You who have loaded wheelchairs into cars or vans
or cut up food and gently placed it into your mate's mouth,
or emptied bladder bags or positioned sleep machines.

There must be a special place for you.

Have you stood in line to buy take-out
or stopped for groceries on your way home from work?

There's a special place in our hearts for you.

Have you held the hand of your ill, loved one and reminded them
of why you chose to marry him/her in the first place?

And then added the reasons why you'd do it all over again?

There's a special reward in heaven for you.

You may think that no one knows and no one cares or
understands, but you're wrong, my friend.

Remember, Scripture says, "Show mercy and compassion
to one another." Zechariah 7:9

This week hold your head a little higher
and place a smile on your face.

For someone sees your acts of kindness—

He cares, and He remembers.

**Enjoy more caregiver poems
or share one of your own**

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