

From: Caregiver Newsletter <newsletters@caregiver.com>
To: Kester, Tonykester@aging.sc.gov
Date: 12/1/2015 9:11:39 AM
Subject: Fun Brain Stimulating Dementia Activities

[View this email in your browser](#)

[Forward](#)

[Share](#)

[Tweet](#)

[+1](#)

[Share](#)

Fun Brain Stimulating Dementia Activities • December 1, 2015 • Issue #869

EDITOR'S PEN

Gary Barg, Editor-in-Chief

An Interview with Kristi and Carole Yamaguchi

Olympic Gold Medalist, New York Times best-selling author and fitness enthusiast, Kristi Yamaguchi, is a long-time advocate for influenza vaccination as part of the American Lung Association's Faces of Influenza campaign.

Gary Barg: What is influenza and why should family caregivers pay attention to influenza and influenza vaccinations?

Kristi Yamaguchi: The goal of Faces of Influenza is to raise awareness of the seriousness of influenza. Because it is a respiratory illness, it can lead to many complications, especially for people in certain health categories, with chronic health problems, and aged 65 and older. [...more](#)

IN THIS ISSUE

An Interview with Kristi and Carole Yamaguchi

Activities For People With Dementia

Soaring Through a Family Meeting

Tips for Organizing a Medical History

CareNotes

FEATURED ARTICLE

Activities For People With Dementia

by Jennifer Buckley

It is universally recognized that elderly people with dementia lose their short term memory first and their long term memory last. For example, they often remember people and events from their earlier years, but have difficulty remembering what they ate for breakfast the day before. [...more](#)

GUEST ARTICLE

Soaring Through a Family Meeting

By Jean Wise

Bess' Alzheimer's disease has progressed to late stage. She lives with her husband, Don, in a small town. They have four adult children, three of whom live several hours away and one who lives across the country, who are anxious and unsure of what to do as their mother continues to decline. It is time for a family meeting, but where do they start? [...more](#)

CARETIPS

Tips for Organizing a Medical History

By Kathy Porter

A trip to the emergency room made me realize why caregivers are advised to organize health information. Like many caregivers, I share the task of going with my loved one to appointments. My sister usually takes our mom to the dentist, audiologist and optometrist. I take Mom to her physician, dermatologist and podiatrist. We cover for each other when work or travel demands it. I felt prepared until an emergency came. [...more](#)

Today's Caregiver Supports Your Conference

Non-profit Organizations **Sign-up** Today!

Don't miss this opportunity. We will provide complimentary magazines for your conference attendees. All you pay is shipping and handling.

CARENOTES

From Patty:

My sister, 53, is a survivor of a pretty severe traumatic brain injury she sustained at the age of 17 due to an auto accident. I have been her conservator for a few years now after our mom had to relinquish being her primary caregiver. My sister has never accepted her condition well and in a constant state of 'anger' and is finding it difficult to 'move in' and be grateful for all the help she receives from various resources. I would like some suggestions when it comes to finding things to do with her when I see her. She lacks interest in anything I suggest doing. Has anyone else experienced anything similar? ...

[more](#)

[Reply to this week's CareNote](#)

Copyright © 2015 Today's Caregiver, All rights reserved.

You are receiving this email because you are a subscriber to the Today's Caregiver Newsletter List or a friend thought you would be interested.

Our mailing address is:

Today's Caregiver 3350 Griffin Road Fort Lauderdale, FL 33312 USA

[update subscription preferences](#)

[unsubscribe from this list](#)