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CC: Fess, Brenda LBrenda.Fess@beaufort.k12.sc.us
Date: 10/12/2014 10:03:50 AM
Subject: FW: The Lemon Challenge against bullying

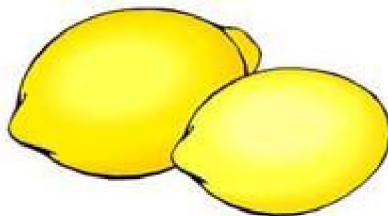
Katherine,

Hello again. Last week I saw Gov. Haley and gave her a "Lemon Challenge" Care Package. The Challenge was new and has since the changed to just sucking on a lemon. I have included another invitation to the challenge, news stories, and pictures. I am including Shannon Erickson in this because I would like for her to try it too.

Please let me know your thoughts,

LaRaine

When Life Gives You a Lemon, Make Lemonade



Dear Governor Haley,

It was great seeing you when you came to Beaufort. I wanted to challenge you to our "Lemon Challenge", our stand against Bullying and Teen Substance Abuse. For the past 3 years we have been touring our original anti-bully "When You See, Something Say Something," to encourage kids to start telling. We are sponsored by the Rotary of the Lowcountry, and we have toured this show all over South Carolina from Myrtle Beach to Greenville and Chapel Hill, NC and Baltimore Maryland. This year we want to try get a million people to do our "lemon challenge," and we need your help. Therefore, I am challenging you to this awesome meaningful challenge and asking you to post it on Instagram #savorthesour.

So, what do you do? Simple, get a sliced lemon and say the following:
Hi I am Nikki Haley, and I am here to take a stand against bullying and Teen Substance abuse, You don't have to be afraid to speak up. (hold the

Lemon up) So, When Life gives you a Lemon..(put the slice in your mouth and enjoy the taste, make crazy faces, take it out and say) You make lemonade (put the slice in your mouth and smile with the slice in your mouth, and take it out and say) #savorthesour, and we challenge you.

Candice Glover Did IT!!!!

I have included several examples and stories about our challenge. Please help us get the word out. Kids are still afraid to speak up. Last year we had a middle school girl from Robert Smalls Middle commit Suicide due to bullying and this year at Beaufort High We have had 5 students taken to the hospital because they drank "Dirty Sprite" in school. This drink is a mixture of prescription drugs and sprite with a Jolly rancher. If we have this issue in our small town, I know other towns have this issue too. Right Now we have about 400 students and teacher who have taken the challenge and we want more.

Please contact me if you have any questions or if you decide to do the challenge.

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Thank you So Much,
Enjoy the Challenge and #savorthesour,

LaRaine Fess

Check these out:





<http://www.wtoc.com/story/26744267/lemon-challenge-being-held-in-lowcountry-to-raise-awareness-about-bullying>

www.antibullyplay.com

<http://www.islandpacket.com/2014/10/09/3361399/mayors-community-leaders-take.html>

OUR Theme Song Lemonade By Alex Boye- We Would LOVE To meet him

www.youtube.com/watch?v=xS0uS8Tfy4

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