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Subject: Heart Disease Epidemic

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NEWS YOU CAN USE

BY COMFORT KEEPERS®

Healing the Heart

The impact of heart disease in the United States is significant, and it is most strikingly significant in the older population. It is the most prevalent cause of death in the United States, and 80% of those who die of cardiovascular disease are age 65 or older. Every year nearly 720,000 Americans suffer a heart attack. [Read more...](#)

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Fast Facts

There is a growing body of evidence that indicates that insufficient levels of vitamin D contribute to heart disease. Several large trials are underway to further study the impact of vitamin D on heart health.

Getting regular, comprehensive eye exams to identify disease early can help prevent or diminish 50% of all vision problems, yet many older people do not get the recommended eye care.

While people with macular degeneration may benefit from higher light levels, those with central cataracts may actually see better with less light.

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