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**How to Have The Nursing Home Talk** • August 16, 2016 • Issue #943

## **Fearless Caregiver Profile**

*Join us as we celebrate Fearless Caregivers sharing personal stories as we care for our loved ones. Read this week's Fearless Caregiver Profile and feel free to add your profile as well, so we can learn from and share with our fellow caregivers.*

## **ALIDA TIMMONS**

### **How did you become the caregiver for your loved one?**

I became a caregiver when my mother got sick.

### **What is the hardest thing about being a caregiver and the most rewarding thing?**

The hardest thing about being a caregiver is no matter how much you give, you'll always want to do more. It's an extremely rewarding experience when you put a smile on your client's face despite everything he/she is going through. ...

[more](#)

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## FEATURED ARTICLE

# Wound Care

*By Jennifer Bradley, Staff Writer*

Everyone gets a cut or scrape once in a while, but in the senior population, wounds are much more serious. Blood does not flow as easily as it used to and minor injuries can become major if not properly treated. A caregiver needs to know some basic prevention and also treatments for their loved one. [...more](#)

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## GUEST ARTICLE

# Convincing a Loved One to Go to a Nursing Home

*By Marie Marley*

Virtually no one wants to either live in a nursing home or place a loved one in such a facility. However, according to Linda Breyspraak, Center on Aging Studies, University of Missouri-Kansas City, "Today, people over the age of 65 have about a one-in-four chance of spending time in a nursing home." [...more](#)

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## CARETIPS

# How to Tell Your Loved One It Is Alzheimer's Disease

*By Daniel Paris, MSW*

There are a number of takes on telling the person with Alzheimer's disease (AD) the truth. I would propose a couple of things to keep in mind:

1. Ask yourself how much your loved one will understand of the explanation. Sometimes they can understand and retain a lot of the information (you have a disease of the brain, etc...); sometimes all they can understand is that they have "some memory loss;" sometimes they are unable to get any of it. Remember, the cognitive impairments of AD affect not only their ability to comprehend information, but also their ability to communicate. [...more](#)
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### CARENOTES

#### From Amanda:

I am trying to find an online support group for partners or care providers of those with anxiety. With the flood of anxiety related articles online... I am not having much success. I wonder if you might be aware of some resources? ...

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