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Is It Time to Look for a Facility? • July 9, 2015 • Issue #828

EDITOR'S PEN

Gary Barg, Editor-in-Chief

Nonsense, Poppycock and Baloney!

Now that summer is in full swing and caregivers are visiting and being visited by family members, one particular conversation with some errant relatives that has been shared with me by our readers has driven me to respond with a three-word phrase. This concept is as important to family caregivers as any other three little words they may need. So here goes...Nonsense, poppycock and baloney! (Please forgive me for such profanity.). [...more](#)

IN THIS ISSUE

Nonsense, Poppycock and Baloney!

Finding Money, Resources & Programs

When Is It Time to Look for a Care Facility?

Staying Safe in Hot Weather

CareVerses

FEATURED ARTICLE

Finding Money, Resources & Programs That Can Help With Caregiving

By Eileen Beal, M.A.

Millions of daughters, daughters-in-law, spouses, sons, and significant others – most of them Boomers still recovering from the Great Recession – have begun the caregiver journey. And growing numbers of them are caught in a financial bind. They need to use a parent's money to provide care. [...more](#)

GUEST ARTICLE

When Is It Time to Look for a Care Facility?

By Janet Ferree, MA

A difficult question? Certainly; and for most of us who have been caring for a disabled and/or sick loved one, an emotional and unsettling one to consider. I am not referring to people in their final stages of life or who suffer from conditions that spark uncontrollable actions. I am writing for those whose loved one continues to live indefinitely with no assistance from machines or other specialized medical care. [...more](#)

CARETIPS

Staying Safe in Hot Weather

Summer weather can pose special health risks to older adults and people with chronic medical conditions. It is critically important that adults particularly susceptible to hyperthermia and other heat-related illnesses know how to safeguard against problems. [...more](#)

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CAREVERSES

A Circle of Care

By Peggy Chappell

To you who shared this journey with B and me –
Who delivered care with gentle, open hearts.

You who smiled warmly and greeted her with cheer.
Who brought her bacon and muffins
and cooked breakfast again when she forgot the first meal.

You who listened as she shared her stories –
the same ones again and again smiling each time.

You who learned to dance with her delirium
and calm her confusion
Who “took bread out of the oven,”
“cancelled appointments,”
“called off school.”
Who took her home so many times
when she had lost her way and home was not home.

You who guided her walking as she began to lose her strength,
but not her will.

Who lifted her shrinking frame with touch so tender
and reassurance so soft.

You who stroked her hair at night to ease her to sleep
and sat by her side to quell her fears.
To all of you who cared for B and shared this journey with me, Thank you.

I will miss you and our sanctuary filled with flute music, poetry,
and so so much love.

**Enjoy more caregiver poems
or share one of your own**

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