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**Grandparents Raising Children Again** • September 10, 2015 • Issue #846

## EDITOR'S PEN

Gary Barg, Editor-in-Chief

# Time Passages

Never forget. That is the rallying cry for some many tragic events, great and small. Certainly never forget the horrors of the Holocaust, assassinations of great leaders or even the devastating effects of war and terrorism. Fourteen years ago tomorrow one of these horrifying events playing out in New York City, Washington DC and the skies above Pennsylvania farmlands while the rest of the world was glued breathlessly to our television screens. Then there are the personal never forgets. Never forget those who have passed, never forget the person that your loved one living with Alzheimer's or dementias were before the effects of these dastardly diseases took hold. [...more](#)

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## FEATURED ARTICLE

# Grandparents Raising Grandchildren

*By Helen Hunter, ACSW, CMSW*

Grandparents raising grandchildren have received considerable attention in recent years. Many observers perceive grandparent care to be a growing phenomenon. Nearly six million children and 1.5 million grandparents currently live in grandparent-grandchild households. One in five of the older caregivers lives below the poverty level. One million are single grandmothers. These households face unique daily challenges. Besides exhaustion, these grandparents face an overwhelming array of emotional and social concerns as they raise their grandchildren. [...more](#)

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## GUEST ARTICLE

# What is an Annual Wellness Visit and Why is it Important?

*By Charles Smith, RN, BSN*

Here are some things you need to know and what to expect during your Annual Wellness Visit:

### **What is the Annual Wellness Visit?**

The Annual Wellness Visit is NOT a physical. Rather, it is conversation between you and your doctor to discuss your health history and any concerns you may have regarding your health, and to review your medications and immunizations. It also is a time when you and your doctor review your existing health problems; determine what health issues may become a concern in the future and how to prevent them. [...more](#)

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## CARETIPS

### Advice for the ALS Caregiver

*By Jennifer Bradley, Staff Writer*

Cynthia Knoche is the director of Chapter Care Services for the ALS Association. She says caregivers face both emotional and physical challenges when caring for a loved one who has been diagnosed with an illness with no significant treatment or cure. "It can be devastating for the person diagnosed and their loved ones; however, many tools, techniques and therapies are available to maintain quality of life," Knoche says. [...more](#)

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## CAREVERSES

### A Tribute to Grandparents Raising Their Grandchildren

*By Rolanda T. Pyle*

We would like to celebrate you for all you've done. For caring for your granddaughter and your grandson. You took on this awesome task that no one else could do, because no one loves and cares for your grandchild quite like you.

You had the courage to start all over again. Raising your grandchildren at an age when you thought you might retire, travel and rest. But the children needed caregivers, and they needed the best.

[...more](#)

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