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Griefless Moving • June 30, 2015 • Issue #825

EDITOR'S PEN

Gary Barg, Editor-in-Chief

An Interview with Melissa Manchester

Grammy Award-winning artist Melissa Manchester was born in New York where her father was a bassoonist for the Metropolitan Opera Orchestra and her mother was one of the first women to own a sportswear design and manufacturing firm. While working in the New York jingle singing circuit, she met Barry Manilow, who introduced her to Bette Midler.

Gary Barg: You have added so much to what I like to call the great caregiver song book—those songs with emotion and words that really help family caregivers—songs such as “Just You and I,” “Better Days,” “Happy Endings,” “Rescue Me,” “Come in from the Rain,” and of course the biggie for family caregivers, “Don’t Cry Out Loud.” Have you heard from family caregivers about the effect that music has had on them? [...more](#)

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FEATURED ARTICLE

A Time of Grief: Moving Away from the Homestead

By Kristine Dwyer, LSW

For decades, a large percentage of the older population has remained on the homestead for nearly a lifetime, in sharp contrast to today's generation that frequently moves or resides in temporary housing. Unfortunately, as our parents and elderly relatives age and their health becomes frail, the agonizing decision to move them to a safe and supportive environment becomes necessary. Resistance and grief are common reactions to leaving the home that is comfortable, familiar and full of treasured memories. [...more](#)

GUEST ARTICLE

Pity!? – What Children With Special Needs Really Need

*By Helen Rauch-Elnekave
Ph.D. Pediatric Psychologist*

Children who are chronically ill, physically challenged, or who suffer from learning difficulties need our RESPECT, not our PITY. When we pity children, we feel sorry for them, indulge them and, in the process, actually show them disrespect. [...more](#)

CARETIPS

Driving and Transportation Safety

By Ryan Mackey

Transportation can be an obstacle for many older people, and adjusting to either public transportation or rides from family is not easy. It is usually up to the family of the loved one who must handle transportation issues, and ensure they stay safe when on the roads. Here are some points to consider when assessing your loved one's ability to continue driving safely, or if needed possible alternative modes of transportation. [...more](#)

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CARENOTES

From Frances:

I have been taking care of my mother for a few years and I am starting to worry about her memory. Even though she will strongly disagree with me on this issue, the result is still the same—she is losing her memory.

What can I do to help her recognize this and accept help with her finances? [...more](#)

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