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Date: 6/16/2015 2:25:49 PM

Subject: FW: Apply Now For This Year's Calm and Connected Couples Retreat @@

From: Williams, Latarsa [mailto:Latarsa.Williams@militaryonesource.com]

Sent: Tuesday, June 16, 2015 8:35 AM

To: Undisclosed recipients:

Subject: FW: Apply Now For This Year's Calm and Connected Couples Retreat @@

Please see the information below and pass on to any service or family members that may be interested in applying to attend.

ScreamFree is pleased to announce the 3rd Annual ScreamFree Calm and Connected Retreat. This special event provides an all-expense paid weekend for military couples at the beautiful Legacy Lodge at Lake Lanier Islands, GA, October 16-18, 2015. Over the weekend, couples are treated to marriage seminars, meals, free time to enjoy the resort's amenities, entertainment, "tee-off" conversations with a ScreamFree Certified Coach and well-deserved time together.

Applications are now being accepted. This event is open to active duty and retired married couples from all branches of service including the National Guard and the reserves. If you are a military couple and are interested in attending, please visit <http://screamfree.com/ccr> to apply. All applications must be submitted by midnight July 5th.

LaTarsa R. Williams

South Carolina Military OneSource Consultant

Contractor

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latarsa.williams@militaryonesource.com

From: The ScreamFree Institute <tiffanyk@screamfree.com>

Subject: Apply Now For This Year's Calm and Connected Couples Retreat

Reply-To: tiffanyk@screamfree.com

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We are pleased to announce the 3rd Annual ScreamFree *Calm and Connected Retreat*. This special event provides an all-expense paid weekend for military couples at the beautiful Legacy Lodge at Lake Lanier Islands, GA, October 16-18, 2015. Over the weekend, couples are treated to marriage seminars, meals, free time to enjoy the resort's amenities, entertainment, "tee-off" conversations with a ScreamFree Certified Coach and well-deserved time together. It is our way to thank these selfless families for the work they do to provide us with the freedoms we

enjoy and is 100% funded by donations from our fundraiser, *The Big Scream*.

Applications are now being accepted. This event is open to active duty and retired married couples from all branches of service including the National Guard and the reserves. If you are a military couple and are interested in attending, please visit our website at <http://screamfree.com/ccr> to apply. Feel free to forward this to a military couple who you think would like to attend. All applications must be submitted by midnight July 5th.

To see highlights from our most recent Calm and Couples Retreat [click here](#).

On behalf of all of us at ScreamFree, I would like to say thank you to all of our military families for their unending sacrifice. We look forward to a weekend of rest, renewal, relaxation, and fun this fall.

Tiffany Kinney

Program Services Manager, The ScreamFree Institute

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