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To: Kester, Tonykester@aging.sc.gov
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Subject: 3 must-have legal documents for healthcare; How to get one to participate in rehab

THE CAREGIVERS' NEWSLETTER

Connecting Caregivers to Answers and Support

News And Articles

[How Caregiving is Like Football](#)

Football season is upon us! Surprisingly, there are many similarities between this sport and caregiving. Find out how the two compare. [Read More »](#)

[How to Get a Loved One to Participate in Senior Rehab](#)

It can be difficult to help a patient see the importance of this phase of treatment when all they want to do is go home. Use these strategies to help convince your loved one that an inpatient stay is necessary for their health and quality of life. [Read More »](#)

[Removing Embarrassment from the Dementia Equation](#)

Shame and embarrassment hover like clouds over families affected by dementia and Alzheimer's. One of our bloggers shares a story about a family that struggled to come to terms with these powerful emotions. [Read More »](#)

[3 Must-Have Legal Documents for Elderly Healthcare](#)

Many never think about making healthcare decisions until a crisis hits. Avoid additional stress and costly consequences by obtaining these documents well in advance. [Read More »](#)

Give Back with MEDCURE

Whole body donation is essential to the advancement of medical science. Through body donation, you can make a lasting impact on generations to come.

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Questions and Discussions From Caregivers

[Q: Dad's laundry: How should we proceed?](#)

Our plan had been for Dad to pay to have his laundry done at the senior residence, but he refused to spend the money and instead started washing everything himself.

[Q: Just put my Mom in assisted living. How can I continue to connect with Mom?](#)

The guilt I feel is unreal, and because she doesn't keep her cell phone on, I cannot connect with her.

Q: How do you balance your needs with your husband's needs?

I need me time, but he gets restless very quickly and there is no one else here to help me.

Q: My brother is exploiting my elderly parents. How can I fix this?

The parents are not cognizant and an adult child has changed their will, insurance beneficiaries, financial power of attorney and more.

You Don't Have to be a Nurse to be a Great Caregiver

Provide the best care with products nurses trust. Find rinse-free bathing, incontinence care, pressure ulcer and oral care products.

[See all products →](#)

Products And Services From Our Partners

Below are supporters of AgingCare.com that may be of value to you and your family.

[Get Pricing on Senior Housing Options](#)

Learn about the different types of senior housing with current market information on services and costs.

[Get your FREE Funeral Planning Guide](#)

A final tribute should be as unique as the individual. Make your service one to remember.

[Find Out if You Qualify for Help Paying for Care](#)

A life insurance policy can be converted into a long-term care benefit account to pay for the cost of senior care directly each month.

[Get a Medical Alert System](#)

Don't wait for an emergency! Medical Guardian is the Trusted Medical Alert System. Make the decision that provides confidence, security and safety.

[What You Should Know About Hospice](#)

VITAS hospice helps manage care transitions from hospital to home. 100% covered by Medicare, Medicaid and most insurance.

[Get Your FREE Veterans Benefits Guide](#)

Learn how to find, use and manage VA benefits for veterans and their family caregivers, dependents and survivors.

[Find, Hire and Manage Home Care](#)

Get connected and speak with home care agencies. They will work with you to create a care plan and find the right caregiver for your loved one.

[Get Your Complimentary Caregiving Guides Now](#)

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