

From: AgingCare Newsletter <newsletter@agingcare.com>  
To: Kester, Tonykester@aging.sc.gov  
Date: 6/8/2016 9:02:25 AM  
Subject: The healing power of pets; I've got POA, now what?

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## THE CAREGIVERS' NEWSLETTER

*Connecting Caregivers to Answers and Support*

### News And Articles

#### Benefits of Exercise in Parkinson's Treatment

The late Muhammad Ali suffered from Parkinson's disease, but he never stopped fighting for a cure and a high quality of life. Those caring for someone with PD can learn from Ali's determination and encourage their loved one to incorporate targeted exercises into their daily routine. [Read More »](#)

#### Note to Self

One of our bloggers shares an experience that is all too familiar for dementia caregivers: trying to tackle a million different tasks at once and failing to notice the effects that multitasking can have on our loved ones. [Read More »](#)

#### The Healing Power of Pets for Elderly People

Bretagne, the last known 9/11 search and rescue dog was laid to rest this week. With her passing, we are reminded of all the wonderful things our furry friends do for people in their times of need. You may be surprised by how a pet can help "rescue" an elderly loved one. [Read More »](#)

#### Who Pays for Mom's House After She's Moved to a Nursing Home?

Families tend to focus solely on getting their loved one into a senior living community with Medicaid's help, but their home and other assets must be carefully managed in order to ensure eligibility. [Find out what options are available »](#)

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### Questions and Discussions From Caregivers

#### Q: My mother is in AL but insists on visiting her old house. Is this a good idea?

I believe my mother is looking for normalcy after moving into her assisted living facility.

#### Q: How do we convince my mother-in-law she needs to go to a nursing home?

She has been back at the nursing home for a couple weeks and is refusing to stay when therapy is over.

#### Q: So--now I've got DPOA for Dad. What do I do next?

I had already gotten health care proxy and POA signed, and my name is on his checking account. We've got most of his finances under control, but...

**Q: My husband with mild cognitive impairment (MCI) is causing financial problems. Who can help?**  
We have separate accounts and credit cards because of this, and I don't want our finances to go down the tubes.

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