

**From:** AgingCare Newsletter <newsletter@agingcare.com>  
**To:** Kester, Tonykester@aging.sc.gov  
**Date:** 7/13/2016 9:03:00 AM  
**Subject:** 5 common adult day center myths; At what stage of Alzheimer's do they want to stop showering?

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## THE CAREGIVERS' NEWSLETTER

*Connecting Caregivers to Answers and Support*

### News And Articles

#### 5 Common Adult Day Center Myths

Over the years, a number of myths have cropped up regarding adult day care and what goes on at these centers after seniors are dropped off. Dispel these common misconceptions and learn about the many benefits these centers have to offer. [Read More »](#)

#### Sandwich Recipes to Honor the Sandwich Generation

July is National Sandwich Generation Month; a time to recognize the efforts of those men and women who pull double-duty, attending to the needs of aging parents while raising their own children. Reward yourself with some delicious recipes. [Read More »](#)

#### Being Busy

We all have those moments when we just don't want to visit our loved ones because we are so pressed for time. See how this sandwich generation caregiver's resourceful solution helped to free up her schedule and still give her mom the attention she craves. [Read More »](#)

#### Make Sure You Are an Authorized Representative for Your Loved One

There are a number of common situations where caregivers will need to have specific permissions in order to receive information about a loved one's health, finances, benefits and more. Sometimes power of attorney isn't enough. [See Why »](#)

### The "Get Help if You Fall" Medical Alert System

Finally, peace of mind with Medical Guardian. Don't wait for an emergency, call today (800) 951-7993. Operators available 24/7.

[Learn more →](#)

### Questions and Discussions From Caregivers

**Q: Does anyone notice balance issues due to loved one's dementia?**

I was just reading about how prescription and OTC contributory drugs can include motion sickness.

**Q: How do I help my mother deal with my father's illness better?**

The worse he gets, the more insane she becomes.

**Q: At what stage of Alzheimer's does a patient stop wanting to shower?**

Lately, she will not cooperate when we want to put her in the shower. She has a shower bench but no luck now.

**Q: Has anyone had success selling your parents' stuff on Ebay or Etsy?**

Lots of antique china, crystal, silver, knick knacks and collectibles. Is it worth the effort?

## Remarkable Remembrances

An unforgettable memorial service requires a plan. Make your service one to remember.

[Get your free guide →](#)

## Products And Services From Our Partners

Below are supporters of AgingCare.com that may be of value to you and your family.

[Get Pricing on Senior Housing Options](#)

Learn about the different types of senior housing with current market information on services and costs.

[Get your FREE Funeral Planning Guide](#)

A final tribute should be as unique as the individual. Make your service one to remember.

[Find Out if You Qualify for Help Paying for Care](#)

A life insurance policy can be converted into a long-term care benefit account to pay for the cost of senior care directly each month.

[Get a Medical Alert System](#)

Don't wait for an emergency! Medical Guardian is the Trusted Medical Alert System. Make the decision that provides confidence, security and safety.

[What You Should Know About Hospice](#)

VITAS hospice helps manage care transitions from hospital to home. 100% covered by Medicare, Medicaid and most insurance.

[Get Your FREE Veterans Benefits Guide](#)

Learn how to find, use and manage VA benefits for veterans and their family caregivers, dependents and survivors.

[Find, Hire and Manage Home Care](#)

Get connected and speak with home care agencies. They will work with you to create a care plan and find the right caregiver for your loved one.

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