

The Regional Medical Center presents a FREE Community Health Forum

**Thursday, March 19, 2015
at 5:30 PM**

in the

**John Ford Community Center
304 Agnes Street | St. Matthews, SC**

**Introduction by Brian W. Kendall, MD
RMC Healthy Living Center**



A documentary film hosted by Katie Couric about the national obesity epidemic.

**Everything we've been told about food and exercise for the past 30 years
is dead wrong. FED UP will change the way you eat forever.**

**The Public is Invited to Attend
Register to Win a Samsung Galaxy Tablet**

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