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**Sent:** Thursday, September 1, 2016 6:23 PM  
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**Subject:** 9/11 thoughts

9/11

Everyone remembers where they were when 9/11 happened but I will never forget how I felt on that day. I had just given birth to my son 5 days prior. We had only been home a couple of days. I was holding Nalin in my bed watching the Today Show as they were trying to figure out how the plane crashed into the first tower. Michael had gone to take Rena to pre-school and then onto work. I watched live as the second plane went into the tower with Matt Lauer and Katie Couric shocked at what we all witnessed. This was no accident, it was an attack. I called Michael and told him to come home right away and pick up Rena. I held Nalin tight and feared about what world he had been born into. How would I protect my children? Life had changed as we knew it. After each incident that day I continued to feel more helpless. The best country in the world had fallen under attack. It was going to change American life as we knew it. The comforts of living in a country that felt untouchable went away, the hope of my children living in a safer world than I had suddenly seemed uncertain, and the fear of what would happen next had my stomach in knots. What I have thought about since then is my children are living in a different world, its not as safe as I had hoped it would be, but I Watched over the days, weeks, and months that followed 9/11 the strength of the American spirit, the faith and prayer of a country, the courage of our military and the patriotic spirit that followed. Since then I am still uncertain about the world my children will live in but the strength, faith, courage, and Spirit of the American people has never left me doubting that my children are growing up in the best country on earth.

Sent from my iPad