

From: AgingCare Newsletter <newsletter@agingcare.com>  
To: Kester, Tonykester@aging.sc.gov  
Date: 9/2/2015 9:01:40 AM  
Subject: 5 things your teeth reveal about your health; The ambiguity of grief

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## *Answers And Emotional Support While Caring For An Elder*

### NEWS AND ARTICLES »

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#### [Tips for Family Caregivers Who are Considering Leaving Their Job](#)

It's not easy to trade your career for a full-time caregiving role, but there are alternative options to help you ease into this decision. Find out what's available. [More »](#)

#### [The Ambiguity of Grief](#)

Michele's personal journey through grief doesn't fit nicely into the often-cited 5-stage process. However, she is not alone in her experiences. [More »](#)

#### [5 Things Your Teeth Reveal about Your Health](#)

Your mouth can provide valuable insight into the condition of your body as a whole. Find out what important clues you need to look for. [More »](#)

#### [Home Health Aides Go Above and Beyond as "Appointment Companions"](#)

There's no reason a senior should be homebound. Learn about all the services a home aide can provide inside and outside the home. [More »](#)

#### [Is your loved one at risk for a fall or medical emergency?](#)

Don't wait for an emergency—identify their risk and be matched with the best product for their lifestyle. [Click here to take the Medical Guardian Risk Assessment now!](#) Or, call (800) 391-3346 .

### COMMUNITY QUESTIONS AND ANSWERS »

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#### [Q: How to manage resentment feelings?](#)

How do you handle the resentment feelings, hurt and sadness that pops up here and there while caring for that past abusive parent.

#### [Q: Crying and moaning in sleep. Is this common with dementia?](#)

My 95 year old Mom constantly cries and moans while sleeping. This started about a month ago. She also somehow watches...

#### [Q: My Mother is getting in the way of my Father's care and pitting us siblings against each other. What's next?](#)

Even bad-mouthing me to my sisters. I've given a tremendous amount of time and effort to my parents, with my Mother undoing much of the work I've put in, such as...

#### [Q: How do you get a veteran to go into treatment against his will?](#)

He is a Korean veteran displaying signs of early alzheimers but cannot be reasoned with to see a doctor and my mom is his wife and he carries a loaded gun.

### Find Senior Living Options for Your Loved One

Get complimentary information on housing services and costs.

Call right away to speak with a senior living advisor (888) 848-5698.

[Start your search today.](#)

### Protect Your Independence

Long Term Care Insurance can protect you from having to rely on a loved one for care. Take the next step toward your security. Plan ahead with Long Term Care Insurance.

[Learn More >](#)

### Determine if Your Loved One is at Risk

Don't wait for an emergency! Identify your loved one's risk of experiencing a fall or medical emergency. Make the decision that provides confidence and safety. [Take the risk assessment now >](#)

### Need Help Paying for Care?

A Life Insurance Policy can be converted into a Long Term Care Benefit Account to pay for the cost of Senior Care directly each month. [See if you qualify >](#)

### How to Search for Home Care

Get connected and speak with home care agencies. They will work with you in creating a care plan and finding the right caregiver for your loved one. [Begin your search >](#)

### What You Should Know About Hospice

VITAS hospice helps manage care transitions from hospital to home. 100% covered by Medicare, Medicaid and most insurance. [Visit Vitas to learn more >](#)

### How to Choose the Right Senior Living Option

A senior living advisor can answer your questions and help you determine the right senior living options for your loved one based on your unique situation. [Start the conversation today >](#)

### Get Complimentary Caregiving Guides

These eBooks provide caregivers with instructive and inspirational information. Become empowered and educated about caregiving. [Download your eBook now >](#)

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