

From: AgingCare Newsletter <newsletter@agingcare.com>  
To: Kester, Tonykester@aging.sc.gov  
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Subject: Top 10 caregiver tax questions; Communicating with a dementia patient

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## *Connecting Caregivers to Answers and Support*

### News And Articles »

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#### Top 10 Caregiver Tax Questions

Tax season is winding down, but don't forget to address these important items before filing your paperwork. You don't want to miss out on any of these deductions. [Read more »](#)

#### Spring Cleaning: Refreshing Our Caregiving Routines

It is human tendency to get stuck in a rut as we try to meet life's incessant demands, and caregiving is no exception. Restore your care routine with these useful tips. [Read more »](#)

#### Communicating with a Dementia Patient: What Helps?

Many dementia caregivers struggle with their loved ones' cognitive changes. As this blogger discovered, it is necessary for caregivers to adjust their own behaviors as well in order to make things go more smoothly. [Read more »](#)

#### Prehabilitation for Surgical Procedures

Did you know that over 7 million Americans are living with a hip or knee replacement? Make it a priority that you're in the best possible shape before going under the knife. [Read more »](#)

#### **You Don't Have to be a Nurse to be a Great Caregiver**

Provide the best care with products nurses trust. Find rinse-free bathing, incontinence care, pressure ulcer and oral care products.

[View the latest caregiver products and education from Sage.](#)

### Community Questions And Answers »

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#### **Q: Diet advice needed for elderly mother?**

She can't eat much due to very low appetite.

#### **Q: Nursing director at ALF told my sister that it might be better not to take mom out for outings?**

She gets 'extremely' anxious and out of sorts for a couple weeks following my visit due to this break in her routine.

#### **Q: How much family visiting is too much?**

Relatives are coming in from out of town and are wanting to see her and it's getting clear that it is very hard on her.

#### **Q: How do I stop being so emotionally exhausted?**

I am tired, even when I'm when wide awake. It's the kind of tired that seeps into your

bones.

### Considering Hospice Care?

Learn about the care hospice provides, discussing end-of-life with family and how to pay for hospice care.

[Get your complimentary Hospice Care Guide emailed to you.](#)

## Products And Services From Our Partners

Below are supporters of AgingCare.com that may be of value to you and your family.

### Get Your Funeral Planning Guide

A final tribute should be as unique as the Individual. Make your service one to remember. [Request your FREE Personal Planning Guide >](#)

### Need Help Paying for Care?

A Life Insurance Policy can be converted into a Long Term Care Benefit Account to pay for the cost of Senior Care directly each month. [See if you qualify >](#)

### The "Get Help if you Fall" Medical Alert System

Don't wait until an emergency happens to think about protecting your loved one. Make the decision that provides confidence, security and safety. [Request a free brochure >](#)

### Get Pricing on Senior Living Options

A senior living advisor can answer your questions and help you determine the right senior living options for your loved one based on your unique situation.

[Get pricing today >](#)

### What You Should Know About Hospice

VITAS hospice helps manage care transitions from hospital to home. 100% covered by Medicare, Medicaid and most insurance. [Visit Vitas to learn more >](#)

### Get a Veterans Benefit Resource Guide

Learn how to find, use and manage veteran benefits for a veterans, their family caregivers, dependents and their survivors. [Get Your FREE Veterans Guide >](#)

### How to Search for Home Care

Get connected and speak with home care agencies. They will work with you in creating a care plan and finding the right caregiver for your loved one. [Begin your search >](#)

### Create a Custom Care Plan

Use the same tool that nurses and elder care professionals use to care for their parents. [Select here to request your Free Care Plan Guide >](#)

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