

From: AgingCare Newsletter <newsletter@agingcare.com>
To: Kester, Tonykester@aging.sc.gov
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Subject: Top 10 caregiver tax questions; Communicating with a dementia patient

Connecting Caregivers to Answers and Support

News And Articles »

Top 10 Caregiver Tax Questions

Tax season is winding down, but don't forget to address these important items before filing your paperwork. You don't want to miss out on any of these deductions. [Read more »](#)

Spring Cleaning: Refreshing Our Caregiving Routines

It is human tendency to get stuck in a rut as we try to meet life's incessant demands, and caregiving is no exception. Restore your care routine with these useful tips. [Read more »](#)

Communicating with a Dementia Patient: What Helps?

Many dementia caregivers struggle with their loved ones' cognitive changes. As this blogger discovered, it is necessary for caregivers to adjust their own behaviors as well in order to make things go more smoothly. [Read more »](#)

Prehabilitation for Surgical Procedures

Did you know that over 7 million Americans are living with a hip or knee replacement? Make it a priority that you're in the best possible shape before going under the knife. [Read more »](#)

You Don't Have to be a Nurse to be a Great Caregiver

Provide the best care with products nurses trust. Find rinse-free bathing, incontinence care, pressure ulcer and oral care products.

[View the latest caregiver products and education from Sage.](#)

Community Questions And Answers »

Q: Diet advice needed for elderly mother?

She can't eat much due to very low appetite.

Q: Nursing director at ALF told my sister that it might be better not to take mom out for outings?

She gets 'extremely' anxious and out of sorts for a couple weeks following my visit due to this break in her routine.

Q: How much family visiting is too much?

Relatives are coming in from out of town and are wanting to see her and it's getting clear that it is very hard on her.

Q: How do I stop being so emotionally exhausted?

I am tired, even when I'm when wide awake. It's the kind of tired that seeps into your

bones.

Considering Hospice Care?

Learn about the care hospice provides, discussing end-of-life with family and how to pay for hospice care.

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