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**Our Community Needs to Have a Discussion!**

Our School community needs to have a discussion! Why are four year olds and kindergarteners taking medication for being active at school? Exactly what are Kindergarteners supposed to be doing? How long of attention spans does God give to our children? Are we trying to remake our children to fit curricula? Why do we not make the schedule and curricula to fit the child? Why do we break the sleep cycles of our children and put them on the street at 6:30 AM to catch a school bus? Why do we allow inhumane treatment of our little ones? Why do we not know our children's school schedules? Why do we not see that our children have free time at school? Why do we not have old fashioned recesses for them? Are kindergarteners made any differently today than they were one hundred years ago? How many of our children are taking Adderall? How many of our children are depressed or have anxiety attacks? Is it a normal thing for children to hate school? Is it good for children to be depressed and unhappy for at least eight years? What percentage of Pediatric visits are for mental health issues? Are doctors treating the symptoms or the causes? Why don't we treat the causes and then the doctors wouldn't have to treat the symptoms? Why are we allowing this to happen? Can we do anything about it?

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Vote!!!

Patricia Milley  
School District

8  
June 14

# OPINION

## The First Amendment

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances.

www.myhorrynews.com

# Milley: Horry schools need more balance

To the Editor,

We need balance in our public schools. Our state public school children are in a mental health crises.

This problem has been created by the public school system since the schools were deregulated in the '90s.

Our children need their physical, mental and spiritual needs met. The whole child needs to be taught. We are spiritual beings and move and live and get our being from God.

The following are ideas on how to relieve the stress on our public school students and thus help alleviate the problem.

The implementation of these ideas will improve our public schools. With less stress the children will learn more in less time.

Our children need more outdoor exercise and sunshine. Through more recess time, children will learn social skills, learn leadership skills, get to know their classmates, will not need ADD pills, and will lose weight through play. There will be less office referrals and discipline problems.

The school total hours per day should be 6.5 hours

1. Four and one-half hours of academic, arts and physical education instruction
2. One hour of outdoor recess (15 minutes around 10 a.m. and 45 minutes after lunch.
3. Thirty minutes for lunch.

Ideas for Improvements:  
Shorten the school day by one hour; Let children finish their sleep cycles. Six and

one-half hours is enough of required time in school.

Add a 15-minute recess outdoors at 10 a.m. Children are ready to climb the walls by 10 a.m. and need to be outdoors for a break.

Add a 40-minute recess outdoors after a 20-minute lunch.

Abolish the four-block system in high school. This is a lazy method of instruction.

Use double periods for chemistry, physic, anatomy, etc.

Make naps available for kindergartners.

Put play stations back into kindergarten.

Make sure that each child is taught to hold a pencil correctly the first time and monitor it.

Monitor the way a child makes his/her letters and

numerals in both manuscript and cursive.

Make sure that each child is placed on his/her instructional level in every subject.

Make sure that each child is reading on a third-grade level before promoting them to fourth grade.

Make sure that each child has mastered the math facts before leaving fourth grade. All future math requires expertise in the math facts.

Put a monitor on the playground all day long. Instead of giving a hyper child a pill, give him/her a pass to the playground for 25 minutes.

Check the reading level of each textbook. Make sure that the child misses no more than five words per page.

Have the private sector give each kindergartner the "Bible in Pictures for Little Eyes to See" by Kenneth Taylor. Give every third grader "The Egermeier Bible Story Book" by Elsie Egermeier. This Bible Story Book has questions in the back of it with the answers. This is a big help for parents.

Some mental health problems are caused by improper religious training or no Christianity shared with the child.

Faith comes by hearing and hearing by the word of God. Reading these books will change the child and the parent. God's word does not return void.

Advise the parent to put the child in his/her lap and

read to the child and discuss the story with the child. Advise the parent to use the questions in the back of the book.

Eliminate Unitarianism from our textbooks.

Our children do not need to be brainwashed that all religions are equal and that everyone is going to heaven.

Teach them that Christianity has a risen Savior that overcame death and that the Holy Spirit is real. The Holy Spirit cannot be given to anyone else unless God intervenes. Only God controls the Holy Spirit.

If the child grows in faith and commits his/her life to Christ, the child will be saved by grace and receive the Holy Spirit. Only then will the child experience the truth of the matter: Christianity is a personal relationship with God.

One in every four of our children and college students has mental problems, probably more. It is time that something is done about it.

You may earn an education but one must be mentally healthy to use it. God is the author of a sound mind. God also tells us that if we want wisdom to ask God who gives it liberally and upbraided it not.

We need children who are educated spiritually, socially, mentally, and physically - The Whole Child!

Patricia G. Milley  
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