

**From:** Caregiver Newsletter <newsletters@caregiver.com>  
**To:** Kester, Tonykester@aging.sc.gov  
**Date:** 5/19/2015 9:06:15 AM  
**Subject:** Answering the Difficult Questions

[View this email in your browser](#)

[Forward](#)

[Share](#)

[Tweet](#)

[+1](#)

[Share](#)

**Answering the Difficult Questions** • May 19, 2015 • Issue #811

## EDITOR'S PEN

Gary Barg, Editor-in-Chief

### **Peter Wilderotter** **President and CEO-Christopher and Dana Reeve Foundation**

**Gary Barg:** I had a wonderfully insightful conversation with Dana Reeve in 1999 that really started us down our path. Were you working with the organization at that point?

**Peter Wilderotter:** I have been with the Foundation for ten years and we have a great board, a great staff, and a great network of supporters. Our mantra is, "Today's Care and Tomorrow's Cure." I came right after Chris passed, but before Dana was diagnosed. Dana very much wanted to keep this enterprise running and really wanted to grow it. [...more](#)

---

## IN THIS ISSUE

**Peter Wilderotter**

**Foods for Stroke**

**Answering the Difficult  
Questions About Aging**

**Living With Incontinence**

**CareNotes**

---

#### FEATURED ARTICLE

## **Foods for Stroke**

*By Marie Santangelo, Staff Writer*

The word “stroke” conjures up feelings of anxiety and fear even when it has not touched our lives personally. When caregivers of stroke patients face the reality of stroke and its aftermath, anxiety and fear pervade care. [...more](#)

---

---

#### GUEST ARTICLE

## **Answering the Difficult Questions About Aging**

*By Gary Beagle*

I recently had to assist my 78 and 82 year old aunt and uncle, respectively, who were dealing with some pretty typical issues – fear of losing independence, an awkward reliance on family members and their changing status in their own community. As a professional fiduciary, I do this for a living and thought I would be able to jump right in and give them the benefit of my experience. [...more](#)

---

---

#### CARETIPS

## **Living With Incontinence**

*By Jennifer Bradley, Staff Writer*

A symptom such as incontinence truly requires a caregiver’s patience and loving heart. It can be one of the most sensitive issues a loved one can experience. However, there are ways to manage incontinence so quality of life is not compromised. [...more](#)

---

# Today's Caregiver Supports Your Conference

## Non-profit Organizations **Sign-up** Today!

Don't miss this opportunity. We will provide complimentary magazines for your conference attendees. All you pay is shipping and handling.

---

### CARENOTES

## From Gerard:

I have a brother who won't clean his house and won't let me in to help him. What is the best advice you could give me? [...more](#)

[Reply to this week's CareNote](#)

---

---

*Copyright © 2015 Today's Caregiver, All rights reserved.*

You are receiving this email because you are a subscriber to the Today's Caregiver Newsletter List or a friend thought you would be interested.

**Our mailing address is:**

Today's Caregiver 3350 Griffin Road Fort Lauderdale, FL 33312 USA

[update subscription preferences](#)

[unsubscribe from this list](#)