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**To:** Kester, Tonykester@aging.sc.gov  
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**What Every Alzheimer's/Dementia Caregiver Must Know** • March 14, 2017 • Issue #999

## Today's Caregiver Friendly Award Previous Winners

### Caron Renaissance

Conejo Cares

Family caregivers play a vital role in caring for our large and growing senior population and are instrumental in keeping elders out of institutions and in the community. Yet, caregiving often takes a tremendous physical and emotional toll. Caregivers Matter...Conejo Cares is caregiver friendly because the program was offered at no charge, providing an opportunity for caregivers to relax and renew themselves and connect with others in a way that has not been done before. [...more](#)

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## IN THIS ISSUE

[Featured Caregiver Friendly Award: Caron Renaissance](#)

[What Every Alzheimer's/Dementia Caregiver Must Know](#)

[Alzheimer's and the 21st Century Cares Act](#)

[Top Ten Things a Caregiver Needs from a Health Care Provider](#)

[CareNotes](#)

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#### FEATURED ARTICLE

## What Every Alzheimer's/Dementia Caregiver Must Know

*By Kim Warchol, OTR/L, DCCT*

With over five million people in the US with Alzheimer's/ dementia today and this number expected to grow exponentially every year, it is of vital importance to empower the family and professional caregivers with support and dementia care skills. Providing care that yields positive outcomes for both the person living with Alzheimer's/dementia and the caregiver is very important and challenging. To help, I provide a few things every Alzheimer's/dementia caregiver must know. [...more](#)

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#### GUEST ARTICLE

## Alzheimer's and the 21st Century Cares Act

*By Allan S. Vann*

A bill known as the EUREKA Act ... "Ensuring Useful Research Expenditures is Key for Alzheimer's" ... was introduced with bipartisan support (62 co-sponsors) in the U.S. Senate by Mississippi Senator Roger Wicker in 2015, and in 2016 companion legislation was introduced in the House of Representatives with 37 co-sponsors. This Act was intended to "establish EUREKA Prize Competitions to accelerate discovery and development of disease-modifying, preventive, or curative treatments for Alzheimer's disease and related dementia, to encourage efforts to enhance detection and diagnosis of such diseases, or to enhance the quality and efficiency of care of individuals with such diseases." [...more](#)

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## CARETIPS

# Top Ten Things a Caregiver Needs from a Health Care Provider

By Gary Barg

1. Attention: The caregiver's loved one may be the 27th similar case you've seen today, but to the caregiver this is Mom or Dad, Sister or Lover.
  2. Compassion: Be diligent in its application.
  3. Time: A few moments of your undivided time is some of the strongest medicine you'll ever administer -- and it costs so very little. [...more](#)
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## CARENOTES

### From Jayne:

I am wondering what qualifies a person to be able to have a chairlift installed in her home. [...more](#)

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