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Jan. 6, 2015

Resolve to save in 2015

Living on a fixed income or know an older adult who is? Start the new year right with an online checkup. On BenefitsCheckUp®, find and apply for benefits to help pay for everyday expenses. On EconomicCheckUp®, discover how to make and stick to a budget, keep scammers away, and get retrained for a new job. Both sites are free, confidential, and from a trusted source—NCOA.

[Find benefits now](#) | [Get an EconomicCheckUp®](#)

Top tips from 2014

Did you miss these? They were among our most visited stories last year. Take a look and share!

[10 senior scams](#) | [7 questions & answers about Medicare](#) | [6 steps to prevent a fall](#)

NCOA is on the move!

Starting Jan. 12, NCOA's national headquarters will be located in Arlington, VA. Our mailing address and phone numbers will change, but you can always find the latest news on our website and social media.

[See our new address](#) | [Connect with us online](#)

What do you want to learn about this year?

We're starting to plan our schedule of webinars for 2015, and we want your input on topics to cover. Please take a few moments to tell us what you would like to learn more about in 2015.

[Take a quick survey](#)

Webinar: Introduction to LGBT Aging

Join our National Institute of Senior Centers and SAGE's National Resource Center on LGBT Aging for a free webinar on Jan. 8 to learn about the needs and concerns of older adults who are lesbian, gay, bisexual, or transgender.

[Register](#) | [Enter our LGBT aging photo contest](#)

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