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CLEMSON FOOTBALL, 1C LOOKING TO FILL HOLES



LIFESTYLE, 1D Pros, cons of fitness trackers

The Greenville News

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TUESDAY,
AUGUST 2, 2016
GREENVILLEONLINE.COM

USA TODAY

NEW FLORIDA ZIKA CASES PROMPT MIAMI TRAVEL WARNING PAGE 1B

KEEPING COOL



Ryan Putman, a Christ Church Episcopal School football player, takes a water break during practice on Monday.

HEIDI HEILBRUNN/STAFF

Beating the heat

Strokes pose a serious threat, even to athletes

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It seems to happen somewhere every year — a fresh-faced teen practicing football in the sweltering heat collapses on the field and dies.

With high school football practice in Greenville County officially underway, games starting in a couple of weeks and daytime temperatures the 90s with no end in sight, exertion in the heat, especially with helmets and pads, could be dangerous.

So on Monday morning, Don Frost, football coach at Christ Church Episcopal School in Greenville, called off practice when the heat index made it feel like it was 104 degrees outside.

"They were in T-shirts and shorts, but we decided to just send them on in," he told *The Greenville News*. "That real feel is what's against your skin so you've got to be very, very careful. You don't want your kids to get sick or hurt or anything. We try to protect them as much as possible."

But every year, an average four or five high school or college football players die from heat stroke, said Yuri Hosokawa, director of communication



HEIDI HEILBRUNN/STAFF

Garrett Kendall, a Greenville Health System certified athletic trainer, measures the temperature and humidity Monday at Christ Church Episcopal School's football field.

and education for the Korey Stringer Institute, established at the University of Connecticut in memory of the Minnesota Vikings offensive lineman who died from heat stroke in 2001.

A variety of conditions can occur with heat exposure, according to the

U.S. Centers for Disease Control and Prevention, including heat exhaustion and heat stroke.

Heat exhaustion, which results from excessive loss of water and salt, is marked by headache, nausea, dizziness, weakness, heavy sweating and elevated body temperature.

Heat stroke, which is the most serious condition, happens when the body temperature rises rapidly and can't cool down, according to CDC.

Symptoms include hot, dry skin or profuse sweating, confusion, altered mental status, slurred speech, loss of

Relay For Life helps in cancer battle

SCOTT KEELER
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When Scott Schweitzer was battling cancer last year, he said he had a great support staff of family and friends. The Simpsonville man knows there are plenty of others who are not as fortunate. They are fighting the disease all on their own.

That's why Schweitzer participates in the Relay For Life of Golden Strip, an annual fundraiser to benefit the American Cancer Society. This year's event will be held Friday from 5 p.m.-10:30 p.m. on Depot Street in downtown Fountain Inn.

"I had a great support network ... I think that was the biggest thing that helps you get through," Schweitzer said. "Through groups and treatments, I know people that don't have that. I can't even imagine that."

During Christmas week in 2014, Schweitzer nicked himself shaving when he noticed a lump in his neck. After returning to work following the holidays, he tried to ask a co-worker about the bump.

"Before I got the sentence out of my mouth, she was like, 'oh my God, get that looked at,'" Schweitzer said.

Schweitzer's wife Marcia agreed. After doctor visits and tests, Schweitzer had a biopsy and his tonsils were removed in the process. After the tonsils were dissected, a tumor was found.

Because of the nature of his cancer simply having his tonsils removed would not be a treatment.

See RELAY, Page 5A

What will you save on Tax-Free Weekend?

AMANDA COYNE
THE GREENVILLE NEWS

Shoppers will save \$2.25 million on Tax Free Weekend this year, the S.C. Board of Economic Advisors estimates. But how much of that will land back in your wallet?

The 6 percent tax rate that's waived usually adds six cents per dollar when you shop in South Carolina. When that tax is waived, you save six cents for each dollar you spend.

Waiving sales tax in South Carolina between Aug. 5 and Aug. 7 gives every South Carolina shopper a discount on school supplies, clothes and select electronics. It's timed to coincide with parents' and students' annual back-to-school shopping, when they'll be stocking up on everything from pens and pencils to computers and calculators.

"You've got to be very, very careful. You don't want your kids to get sick or hurt or anything. We try to protect them as much as possible."



Morning News

TUESDAY AUGUST 2, 2016

TODAY'S WEATHER

A shower and thunderstorm around. High 93, low 72. DETAILS 2A

www.scnw.com

The Voice of the Pee Dee

75 cents

Filing begins for elections to Florence 1 board seats

BY MELISSA ROLLINS
Morning News
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FLORENCE — At the start of next year, there will be at least one new face on the Florence School District One board of trustees. Five seats are up for re-election, and the filing period, which runs through Aug. 15, opened Monday.

An election will be held Nov. 8 for the seats in districts 1, 2, 4, 5 and 7. They are currently occupied by Barry Townsend, Pat Gibson-Hye Moore, Alexis D. Pipkins Sr. and Porter Stewart, respectively.

Moore is not seeking re-election; she was sworn in Monday to her new position on the Florence City Council.

Each seat carries a term of four years. Any registered voter living within the boundaries of a district is eligible to run for the trustee seat in that district.

Candidates must file by noon on Aug. 15 at the Florence County Voter Registration & Elections Office, located at 219 Third Loop Road.

School board seats are nonpartisan, and there is no fee to file. A statement of candidacy and a statement of economic interests (SEI) must be submitted before the filing deadline. A campaign disclosure form must be filed with the South Carolina Ethics Commission 15 days before the election.

The SEI form can be found at ethics.sc.gov.

As of 4:15 p.m. Monday afternoon, three incumbents — Stewart, Odom and Townsend — had filed for re-election.

The Election Commission can be reached at 843-665-3094.

National Night Out Crime watchers, law enforcement come together

From staff reports

City of Florence

Pat Gibson-Hye Moore (center) is officially sworn in as the District 2 representative on Florence City Council on Monday in the council chambers at the City Center in Florence. Also pictured is Moore's husband, Kermit (left).



JOSHUA LLOYD/MORNING NEWS

Moore takes oath

BY JOSHUA LLOYD
Morning News
jlloyd@florencenews.com

FLORENCE — "I do solemnly swear I will endeavor to secure and maintain for the city an honest and effective government for the public's welfare, so help me God."

With those words Monday evening, Pat Gibson-Hye

Moore officially became a councilwoman for the city of Florence. She took her oath before hundreds of supporters, packed into the council chambers at the Florence City Center.

Moore said now that she's officially a sitting council member, the real work can begin.

See **MOORE**, Page 4A

Forget Me Not
A SERIES ON ALZHEIMER'S DISEASE

Understanding Alzheimer's



PHOTOS BY MEGAN MCKAY/MORNING NEWS

Dr. Elijah Owens came to Florence four and a half years ago to practice at the Carolinas Medical Alliance. Owens said within the category of dementia, Alzheimer's is the most common type, with 7 out of 10 dementia patients diagnosed with the disease.

Dr. Roland

Florence doctors

LOCAL

Bike taxi expected to roll into Old Town before summer ends 3A



LOCAL

Jellyfish hammer Myrtle Beach, take it easy on Hilton Head 3A



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HILTON HEAD ISLAND
BLUFFTON



Chance of storms
89°/78° See 2A

THE ISLAND PACKET

HIGHS LAST TWO WEEKS IN JULY

18	19	20	21	22	23	24	25	26	27	28	29	30	31
94	97	95	93	95	97	99	94	96	97	99	100	100	98



Christie Bell, her son Gibson, 6, and Olivia Ulmer, right, of Greenwood, enjoy a hot Monday morning at Coligny Beach on Hilton Head Island.

BEAUFORT COUNTY

Heat illness risk rising with temps

■ Beaufort County emergency officials are warning about the risk of heat-related illnesses as temperatures remain high.

longest run of red-hot weather since 1871, National Weather Service meteorologist Emily

"Everyone has this 'I'm OK' attitude," Fowlkes said. "Heat exhaustion can happen to anyone."

Heat exhaustion can turn into heat stroke, a condition that causes confusion and seizures as the brain overheats, Fowlkes said. He said the results can be deadly.

Dr. Kevin Kremer, Beaufort Memorial Hospital emergency room director, said people should seek emergency room attention with any severe head-



LOCAL

WILL A DOG STAR BE BORN SOON?

Dog owners across the Lowcountry are waiting word if their pooch was chosen for the new movie "Basement Bob." 3A



LOCAL

'TAUNTING' SUSPECT JAILED

The 17-year-old gun-theft suspect who taunted deputies via Facebook turned herself in to law enforcement on Monday. 5A



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