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EDITOR'S PEN

Gary Barg, Editor-in-Chief

An Interview with Dr. Bill Thomas

Dr. Bill Thomas is an author, entrepreneur, musician, teacher, farmer and physician whose wide-ranging work explores the terrain of human aging. Best known for his health care system innovations, he is the founder of a global non-profit (The Eden Alternative) which works to improve the care provided to older people. He is also the creator of THE GREEN HOUSE® Project which offers a model for long-term care designed to look and feel like a real home. Dr. Thomas also developed the Senior ER model of care and is now working to transform the acute care services provided to elders.

Gary Barg: What is the difference between the Eden Alternative and the Green House Model? ...[more](#)

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FEATURED ARTICLE

Networking to Build Your Caregiver Toolbox

By Steve B.

I'm the primary caregiver to my mom, Brenda, who was diagnosed in 2009 with a blood cancer called multiple myeloma. At the time of her diagnosis, the caregiver role was very new to me and I wasn't sure where to start, so I jumped in and took on every new responsibility that came my way. With a demanding job, wife and five kids, caring for her was challenging and overwhelming at times. [...more](#)

GUEST ARTICLE

Caregiving Across The Miles: The Plus Side of Long Distance Caregiving (Story of a Caregiver)

By Peg Crandall, MA, CPC

My work required frequent travel and my conscience bothered me because I could not spend more time with my best friend, June, while she battled a life-threatening disease. As her condition worsened, I felt very guilty about not being able to be at her bedside. [...more](#)

CARETIPS

Design Tips for Living at Home Longer

By Elaine Turner

Every senior wants to remain independent in his or her own home as long as possible. There are four basic elements needed to accomplish this goal: accessibility adaptations, furniture design, color scheme and sensory accessories. When people feel content in their home environment, they will perform at their highest level, be more receptive to any educational and therapeutic interventions necessary, and will be more manageable for caregivers. [...more](#)

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CAREVERSES

Wheelchair Grace

by Donna Combs

Doors are opened
Kind offers
To lift, hold
Lend an arm
Are gratefully
Gracefully accepted.

The sight
Of a silver haired lady
Being chauffeured
In a wheelchair
Brings out the best
In strangers.

Is it the knowledge
That someday
They may be the chauffeur
Or the chauffeured?
Or is it the graceful smile
Of the lady in it?

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