

From: AgingCare Newsletter <newsletter@agingcare.com>  
To: Kester, Tonykester@aging.sc.gov  
Date: 3/2/2016 9:02:32 AM  
Subject: Caregiver compassion fatigue; Is Medicaid Divorce a planning option?

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## *Connecting Caregivers to Answers and Support*

### News And Articles »

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#### [When Caregivers Experience Compassion Fatigue](#)

What happens if caring for someone causes you serious feelings of anxiety and depression? Identify what you can do to prevent this emotional breakdown.

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#### [Care Plan 101: Set Yourself Up for Success as a Caregiver](#)

Use this organizational tool to meet your loved one's needs and make time for yourself. Taking inventory of your situation can make a world of difference.

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#### [Frequently Asked Questions About Skilled Nursing Facilities](#)

Understanding the cost differences between the various types of senior living facilities is important, but there are other specifics that need to be addressed. Find out the right questions to ask. [Read More »](#)

#### [Is Medicaid Divorce a Viable Planning Option?](#)

Would you divorce someone you love to make sure you could afford long-term care? Medicaid has special rules for married couples, but they can have an emotional price.

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#### **[You Don't Have to be a Nurse to be a Great Caregiver](#)**

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### Community Questions And Answers »

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**Q:** It's time to separate our parents and move Mom to a higher level of care. Any suggestions?

Mom isn't reasonable and will strongly object and Dad can no longer help her the way he used to.

**Q:** Client (94) is constantly burping and indigestion.

My client has had constant heartburn, burping and hiccups which is leaving him...

**Q:** How do I handle my father's anger?

He says mean things and kind of treats me bad. I'm the only one involved in his care.

**Q:** My husband did not inform me of his credit card debt after retiring. Am I responsible for his debt?

We are trying to get him Medicaid eligible so he can stay at home and get services.

#### [Need Help Paying for Care?](#)

A Life Insurance Policy can be converted into a Long Term Care Benefit Account to pay for the cost of Senior Care directly each month. No fees or obligations to apply. [Click here to see if you qualify.](#)

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