

**From:** Kester, Tony  
**To:** 'Miskis, Constantinos (ACL/ORO/Region IV)' <Constantinos.Miskis@aoa.hhs.gov>  
**Date:** 1/17/2013 8:08:23 AM  
**Subject:** RE: Meals Program

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Costas,

Thanks for the article. Our new Lt. Governor has become the state's biggest advocate for seniors. He understands the challenges we face and is working hard to educate our legislature. He is also looking across agencies for opportunities to improve services. Issues he is focused on are: Medicaid Expansion, Title XIX Transportation, excessive regulations for nursing homes, intervention services (HCBS) to keep seniors in their homes and delay the transition to Medicaid and/or nursing home beds. He is also looking at the cost of the services - intervention vs. treatment.

He has increased our request for state funds for next year, met with many of our legislators and challenged them to find a cheaper yet as effective program to serve the increasing senior population. He has agreed with the concept that our services actually save the state money.

This legislative session will be very interesting to watch.

Hope you are well and also look forward to meeting soon.

Tony

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**From:** Miskis, Constantinos (ACL/ORO/Region IV) [mailto:Constantinos.Miskis@aoa.hhs.gov]  
**Sent:** Wednesday, January 16, 2013 12:40 PM  
**To:** Kester, Tony  
**Subject:** Meals Program

Tony,  
I hope the New Year is treating you well so far! I wanted to share with you the article at the following link. It is an interesting piece on the meal program, its secondary effects and value. It might come in handy with educating certain stakeholder groups.

<http://newoldage.blogs.nytimes.com/2013/01/15/study-more-to-meal-delivery-than-food/>

I look forward to catching up with you soon.

Costas

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