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Subject: Upcoming Webinar: Brain Health Resource for Public Health Officials

Webinar: Promote Healthy Aging with *Brain Health*

Public health and their partners can play a role in promoting healthy aging within their communities. And, the Administration on Community Living (ACL) has developed a resource – *Brain Health as You Age: You Can Make a Difference!* – that makes it easy.

Join us for a webinar to learn more about this resource. On **Tuesday, February 24, 2015 from 2:00-2:45 p.m. EST**, Dr. Jane Tilly, Subject Matter Expert for Brain Health and Dementia at the Administration for Community Living (ACL), will outline the development of the program, which teaches older adults and their caregivers how to reduce risks related to brain health. Dr. Tilly will also highlight how public health and other stakeholders currently utilize the curriculum in their communities.

Developed by the ACL in partnership with the Centers for Disease Control and Prevention (CDC) and the National Institutes of Health (NIH), the Brain Health program offers evidence-based information to encourage brain health among older adults and their caregivers. Topics include the normal changes in the aging brain, threats to brain health, and healthy aging for body and brain.

Online registration is available. Click “join as a participant” and mark your calendars! Please share this announcement with colleagues who may want to participate.

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