

From: Nat. Women's Health & Fitness Day Program <phenze@fitnessday.com>
To: Kester, Tonykester@aging.sc.gov
Date: 8/20/2015 2:03:37 PM
Subject: Free Women's Health & Fitness Day Event Registration!

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Issue No. 4

August 2015

14th Annual National Women's Health & Fitness Day Event Set for Wednesday, September 30th

For a Limited Time:
FREE Event Registration
Available for Groups That
Hosted 2015 Senior Day
Events

2015 Event Theme:
*"Fitness...It's a Smart Choice for
Life!"*

*Please Excuse This Reminder If You Have
Already Registered*

On Wednesday September 30, more than 50,000 women of all ages will participate at 500+ local events as part of activities celebrating the 14th Annual National Women's Health & Fitness Day--the nation's largest women's health and wellness event. For more event information, please visit fitnessday.com.

Local groups planning National Women's Health & Fitness Day events include Ys and health clubs, park and recreation districts, hospitals and health systems, colleges and universities, health plans, local women's organizations, retirement communities and senior centers, and many more. Activities at these local events include exercise demonstrations, fitness presentations, health fairs, and health screenings.

Organizations that wish to host a National Women's Health & Fitness Day event must register in order to legally use the event name and logo, which are official trademarks. The 2015 event registration fee is \$29.95 per location (plus shipping). The fee includes the license to legally use the event name and logo, as well as access to the official program website with all of the materials and resources needed to plan and host a successful Women's Health & Fitness Day event on Wednesday, September 30th.

One of this year's event sponsors is underwriting a limited number of FREE event registration for organizations that register online. Click the link below for your free 2014 Women's Health & Fitness Day event registration:

FREE EVENT

REGISTRATION

Save \$30.00 and **register now** if your organization would like to host a National Women's Health & Fitness Day event on Wednesday, September 30th.

Hurry--This free event registration offer is only available for a limited time to groups that **register online**.

Questions about National Women's Health & Fitness Day?

Please contact the Health Information Resource Center (HIRC), organizer of the event at:

info@fitnessday.com | Phone: 1-800-828-8225

Follow Women's Health & Fitness Day on Social Media:

Twitter: [@fitnessday](https://twitter.com/fitnessday) **Hashtag:** [#whfd15](https://twitter.com/whfd15)

Facebook: facebook.com/fitnessdays

About Us

The Health Information Resource Center (HIRC), organizer of National Women's Health & Fitness Day, is a national information clearinghouse for professionals who work in consumer health markets. In addition to [National Women's Health & Fitness Day®](#), other well-known HIRC programs include the National Health Information Awards and the Digital Health Awards competitions.

Phone: 1-800-828-8225 | e-mail: info@fitnessday.com

Health Information Resource Center

328 W. Lincoln Ave. #10 | Libertyville, IL 60048

You are receiving this e-mail because you have registered for a previous [National Senior Health & Fitness Day](#) event.

If you do not wish to receive future e-mails, please check the
SafeUnsubscribe box below. Thank you.

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