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Subject: Compassion fatigue; Overlooked funds could pay for long-term care

THE CAREGIVERS' NEWSLETTER

*The Caregivers' Choice:
Top 10 Articles and questions for March 2016*

News And Articles

Dietary Do's and Don'ts to Keep an Overactive Bladder Happy

Don't let embarrassing and messy situations keep your loved one from enjoying the outdoors this spring. Make these minor alterations to their diet to help prevent accidents. [Read More »](#)

Hidden Money: Overlooked Funds Could Pay for Long-Term Care

Finding funds for a loved one's care is difficult work, but we have compiled a list of real sources of funds that you can use to help pay for their long-term care. [Read More »](#)

Palliative Care: What Is It and How Is It Different from Hospice?

Hospice care is palliative care, but palliative care is not hospice. Find out what the main differences are. You may be surprised by what palliative care can do for you. [Read More »](#)

The 10 Most Overlooked Tax Deductions

Before filing your taxes, make sure you don't miss out on deductions related to medical expenses and other costs that you incur while caring for a loved one. [Read More »](#)

Compassion Fatigue: When Caregivers Go Beyond Burnout

What happens if caring for someone causes you serious feelings of anxiety and depression? Truly identify what you can do to prevent this emotional breakdown. [Read More »](#)

Unforgettable Memorials

Memorial planning made easy. A final tribute should be as unique as the individual.

[Request your FREE Personal Planning Guide today](#)

Questions and Discussions From Caregivers

Q: How to help an elderly parent stay out of a nursing home?

My three siblings want to put my mother in a nursing home. She does not want this and neither do I.

Q: My sister wrote my mom's will, and stated in it I'd get 25% and she'd get 75%?

She told my mom that since she felt I would spend all my half that she would be in charge of doling out a little at a time if she felt I needed it.

Q: How do I cope with my mother-in-law living with my husband and I?

She refuses to go to senior day care and is always seeking attention. I can't stand her.

Q: My husband says he might have to quit his job and move in with his mom?

It is all about her. She feels she provided care for others when she was younger, and now it is her turn.

Q: How do I stop being so emotionally exhausted?

I am tired, even when I'm when wide awake. It's the kind of tired that seeps into your bones.

Considering Hospice Care?

Learn about the care hospice provides, discussing end-of-life with family and how to pay for hospice care.

[Get your complimentary Hospice Care Guide emailed to you.](#)

Products And Services From Our Partners

Below are supporters of AgingCare.com that may be of value to you and your family.

Get a Funeral Planning Guide

A final tribute should be as unique as the Individual. Make your service one to remember. [Request your FREE Personal Planning Guide >](#)

Need Help Paying for Care?

A Life Insurance Policy can be converted into a Long Term Care Benefit Account to pay for the cost of Senior Care directly each month. [See if you qualify >](#)

The "Get Help if you Fall" Medical Alert System

Don't wait until an emergency happens to think about protecting your loved one. Make the decision that provides confidence, security and safety. [Request a free brochure >](#)

Get Pricing on Senior Living Options

A senior living advisor can answer your questions and help you determine the right senior living options for your loved one based on your unique situation.

[Get pricing today >](#)

What You Should Know About Hospice

VITAS hospice helps manage care transitions from hospital to home. 100% covered by Medicare, Medicaid and most insurance. [Visit Vitas to learn more >](#)

Get a Veterans Benefit Resource Guide

Learn how to find, use and manage veteran benefits for a veterans, their family caregivers, dependents and their survivors. [Get Your FREE Veterans Guide >](#)

How to Search for Home Care

Get connected and speak with home care agencies. They will work with you in creating a care plan and finding the right caregiver for your loved one. [Begin your search >](#)

Get Complimentary Caregiving Guides

These eBooks provide caregivers with instructive and inspirational information. Become empowered and educated about caregiving. [Download your eBook now >](#)

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