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**How to Find Home Care** • September 01, 2016 • Issue #946

## EDITOR'S PEN

Gary Barg, Editor-in-Chief

# Gone Phishin' Too

Recently, someone close to me (who shall remain nameless) called to let me know that she (oops, guess that was a clue) was scammed by an organization purporting to be her bank. The saving grace is that she (oops, again) realized what was happening when they asked for her credit card information. ...[more](#)

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## FEATURED ARTICLE

# Caregiving Youth

*By Hannah Lee, Staff Writer*

The face of caregivers in the United States today represents every race, ethnicity and religious sect. They can be found in virtually every zip code. And yet, there is still a population of caregivers that often remains invisible. It is estimated that 1.4 million children in the United States participate in the care of a family member or loved one who is either critically or chronically ill. Either living in the same home or nearby the ailing person, these children partake in a wide variety of activities of daily living including everything from bathing to shopping. However, they are often not included in the training or the support structures designed to help caregivers. [...more](#)

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## GUEST ARTICLE

# Hiring an In-Home Caregiver What You Don't Know Could Hurt You

*By Jennifer Luna Friedrich*

For older adults, in-home non-medical care might be the key to independence. However, the quality of care depends on the quality of the caregiver. When looking for in-home care, finding the best service can be a challenge. This article offers suggestions on what to look for when hiring a caregiver. [...more](#)

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## CARETIPS

# Tips: When Family Pets Can't Move with Your Loved One

**From David G in Oregon**

The best of all possibilities is finding people in the community to take the pets; people who would visit with the pets. This would keep a connection between their new life and old; and seeing their pets would be a boost for them. As we age, we gain certain things and we lose certain things. [...more](#)

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CAREVERSE

## AN ANCHOR OR A SAIL?

By Ron Gries

The woman in the story was choosing.  
“She was deciding whether she wanted  
an anchor or a sail.”

It is the same choice my Patty  
would have liked examining  
so many years ago.

But she wasn't wise then.  
That would come much later.

Then she needed love,  
she needed security,  
she needed stability,  
and she needed joy.

She welcomed what I offered  
I was her personal anchor,  
to love her and keep her safe.

[...more](#)

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