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Date: 7/2/2015 3:20:00 PM

Subject: FW: Military OneSource Monthly Communications - July "Military Moves and Family Changes" @@

From: Williams, Latarsa [mailto:Latarsa.Williams@militaryonesource.com]

Sent: Thursday, July 2, 2015 2:49 PM

To: Undisclosed recipients:

Subject: Military OneSource Monthly Communications - July "Military Moves and Family Changes" @@

Greetings:

Summers often bring about changes for military families. You might be going back to school, your children may be getting ready to go back to school or you and your family may be moving. Through tips, articles and resources, Military OneSource can help you be ready for change!

Below you will find a list of Military OneSource resources available such as webinars, articles and services. When

printing articles it is beneficial to print articles in PDF format which you can select as an option on the bottom of the right side of the webpage. Please visit www.MilitaryOneSource.mil<<http://www.MilitaryOneSource.mil>> for the full articles and other resources to assist you.

 Login may be required.

Casualty Assistance

Taking a Break From Grief

Children, Youth & Teens

For Teens: Making New Friends 

Moving and Settling into a New Home with Children

Commissaries & Exchanges

Healthy Eating and Smart Shopping for Military Families

Crisis and Prevention

Children and Youth Behavioral Military and Family Life Counselors

K-12 and College Education

Coping with Standardized Testing Systems When You Change Schools

Helping Parents Get Ready for Back-to-School 

Legal Information

Avoiding Identity Theft

What Information Can the Military Release about Service Members?

Money Management

How Can I Save a Million Dollars? 

Moving Allowances for Department of Defense Employees

Morale, Welfare & Recreation

Getting Active and Having Fun through Morale, Welfare and Recreation

Moving

15 Tips for Safe Travel When Moving

Coping with Standardized Testing Systems When You Change Schools

Finding Community in a New Location 

Non-Medical Counseling

Dealing With Back-to-School Blues 

Relocation Assistance Program and Services for Members of the Military

Sexual Assault

9 Options to Help You Recover From Sexual Assault

Spouse Education & Career Opportunities

Balancing Work and School: Tips for Full-time Employees 

Networking and Self-Marketing Bring Job Search Success

Transition Assistance

15 Tips for Developing Skills You Can Use Outside the Military

Please pass this along to those who might find this information beneficial.

Look for future emails from me on upcoming webinars and resources Military OneSource offers. For additional resources on these topic and other topics please visit www.MilitaryOneSource.mil or call 1-800-342-9647.

Respectfully,

LaTarsa R. Williams

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