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**Bipolar Disorder Caregiving** • October 08, 2015 • Issue #854

#### EDITOR'S PEN

Gary Barg, Editor-in-Chief

## To Some Truly Grand Parents

With a busy fall [Fearless Caregiver Conference](#) schedule in full swing, I am very much looking forward to visiting with the caregivers who will be in attendance. It is always an extra special joy, however, to share the day with the grandparent caregivers in the communities in which we hold the events. These folks always enliven each Fearless Caregiver Conference and I am honored by their attendance. [...more](#)

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## FEATURED ARTICLE

### **In Hot Water**

*By Jennifer Bradley, Staff Writer*

A hot shower is a must for many people to either start or finish the day. For the elderly, it can be the same, but also a risky undertaking. In all age groups, tap water scalds are the second most common cause of burn injuries. Elderly loved ones, however, are at a greater risk for scalding than other populations for a variety of reasons. [...more](#)

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## GUEST ARTICLE

### **Caring for Someone with Bipolar Disorder**

*By Julie Totten*

Soon after Missy had her daughter, she stopped sleeping, going from eight hours a night down to only two or three. Her thoughts were racing, and she was going a million miles an hour. After a few nights, Missy's husband Bill finally took her to the hospital. He couldn't believe that one minute his wonderful wife seemed just fine and now she had become a patient in a psych unit. [...more](#)

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## CARETIPS

### **Financial Aid for Eye Care**

Many state and national resources regularly provide aid to people with vision problems. The National Eye Institute, which supports eye research, does not help individuals pay for eye care. However, if you are in need of financial aid to assess or treat an eye problem, you might contact one or more of the following programs. [...more](#)

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CAREVERSES

## Glorious Moment

*By Joanne Ethier*

The old man shuffles down the long corridor of the nursing home  
Doffing his hat to the wheel chair bound blind lady  
Offering a mumbled "Good morning" to the deaf man  
His sadness causing a frail birch bending of his once-oak body.

His granddaughters round the corner.

"Grandpa!"

He pulls himself to his diminished height and  
Braces against the handrail for the hugs of tiny girls  
that could send him reeling  
And smiles as if all is right with the world.

Outside on his favorite bench by the fountain,

He turns his face to the sun and says,

"It's so good to be outside. This reminds me of Italy."

Lucid remembrances are interrupted by psychotic intruders  
Who can be shooed away by gentle redirection to the Appian Way..

[...more](#)

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