

From: AgingCare Newsletter <newsletter@agingcare.com>
To: Kester, Tonykester@aging.sc.gov
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Subject: Caregiver tips for staying active; Was putting your loved one in a nursing home a mistake?

Answers And Emotional Support While Caring For An Elder

News And Articles »

[Was Putting Your Parent in a Nursing Home a Mistake?](#)

This question plagues many families, but there are some key things to take into consideration before allowing yourself to feel guilty. Analyze the situation realistically by answering these questions. [More »](#)

[Top Tips for Family Caregivers: Start the New Year Off Right](#)

Don't let your personal pledges for the New Year fall by the wayside. See what other caregivers recommend for staying active, social and committed to resolutions. [More »](#)

[Learn to Back Off and Accept Risks While Caregiving](#)

Caregiving is emotionally, financial and physically taxing. Learn how to keep the balance between your duties as a caregiver and your loved one's independence. It's not as easy as you think. [More »](#)

[Preserving a Dementia Patient's Sense of Self](#)

One of our bloggers explores the concept of keeping a loved one's identity intact. How do you help them hold onto themselves when their memory is fading away? [More »](#)

[Unforgettable Memorials](#)

Memorial planning made easy. A final tribute should be as unique as the individual. [Request your FREE Personal Planning Guide today](#)

Community Questions And Answers »

[Q: What are peoples thoughts on advanced directives?](#)

I really don't believe in keeping someone alive if they wont have a good quality of life.

[Q: Family member caregivers -- who pays for the food?](#)

It's affecting my husband and I financially every month because we get caught short for about 2 weeks until Social Security comes in.

[Q: What can I do if my Father was misdiagnosed for five years?](#)

He was told he would never be able to revert back to "normal," but recent tests show he does not have dementia or Alzheimer's.

[Q: How to deal with no help from family?](#)

I have two brothers and a sister that do not help. I am so upset about this because I feel like I gave up my life for her.

[You Don't Have to be a Nurse to be a Great Caregiver](#)

Provide the best care with products nurses trust. Find rinse-free bathing, incontinence care, pressure ulcer and oral care products.

[View the latest caregiver products and education from Sage.](#)

Products And Services From Our Partners

Below are supporters of AgingCare.com that may be of value to you and your family.

[An Unforgettable Funeral Requires a Plan](#)

A final tribute should be as unique as the Individual. Make your service one to remember. [Request your FREE Personal Planning Guide](#) >

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A Life Insurance Policy can be converted into a Long Term Care Benefit Account to pay for the cost of Senior Care directly each month. [See if you qualify](#) >

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A senior living advisor can answer your questions and help you determine the right senior living options for your loved one based on your unique situation.

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Learn how to find, use and manage veteran benefits for a veterans, their family caregivers, dependents and their survivors. [Get Your FREE Veterans Guide](#) >

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AgingCare.com | 9015 Strada Stell Court, Suite 203 | Naples, FL 34109