

**From:** Lori Shaffer <lori@icrc.ccsend.com>  
**To:** Kester, Tonykester@aging.sc.gov  
**Date:** 10/27/2015 8:33:48 AM  
**Subject:** See the Lights at the Sleigh Bell Stroll or Sleigh Bell Trot!

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## See the Lights at the Sleigh Bell Stroll or Trot!

Join us for these unique, nighttime events taking place amid the festive light displays of *Holiday Lights on the River*.

**Sleigh Bell Stroll Family Fun Walk:**

**Monday, November 23, 2015 from 6:30-8:30 p.m.**

**Stroll Fun Walk Fees:** \$5 per person, 6 and under free.

**Check-in:** 5:00-6:50 p.m.

**Trot Starts:**

**Where:** Certified Race: 7:00 p.m. Saluda Shoals Park

**Trot Certified Race Fees:** Early Bird by 11/14: \$25 per person  
11/15-11/24: \$35 per person. *Military discounts are available.*

**Trot Awards:** Medals to 1-3 place finishers male & female, 8 & under, 10 & under, 12 & under, 14 & under, 19 & under, 24 & under, 29 & under, 34 & under, 39 & under, 44 & under, 49 & under, 54 & under, 59 & under, 64 & under, 69 & under, 70 & over.

**Trot Certified race registrants receive:** Jingle bells, refreshments and a T-shirt. (only guaranteed for early bird registration) T-shirts can be picked up Monday, November 24 from 1:00-9:00 p.m. at Seven Oaks Park or at the race the night of the Trot.

***Both events will be held rain or shine.***

***To insure the safety of all of our walkers and runners, please do not bring dogs to the Sleigh Bell Stroll or Trot!***

**Parking:** All parking for the Sleigh Bell Stroll and Trot will be at **Cornerstone Presbyterian Church** located next to Saluda Shoals Park. There will be no parking in Saluda Shoals Park the night of either event.

**Additional t-shirts:** \$10 (night of Stroll and Trot)

**Information:** Call 803-772-1228 or email [asmith@icrc.net](mailto:asmith@icrc.net)

**To register:** Mail/deliver completed form with check to: (make checks payable to ICRC). Forms are available at [www.icrc.net](http://www.icrc.net) or call 772-3336.

ICRC/Sleigh Bell Trot Registration  
Attn: Ashley Smith  
5605 Bush River Road  
Columbia, SC 29212

**Stroll online registration:**  
**[Sleigh Bell Stroll Registration](#)**

**Trot online registration:**  
[www.strictlyrunning.com](http://www.strictlyrunning.com)

**Visit [www.icrc.net/events](http://www.icrc.net/events) for a Sleigh Bell Trot application  
or call 772-3336 for more information.**

Brought to you by the Saluda Shoals Foundation and the  
Irmo Chapin Recreation Commission in partnership with  
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