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Dear Subscriber:

As a subscriber to *Bifocal*, e-Journal of the ABA Commission on Law and Aging, you are being sent this exclusive sneak peek of an article from the April 2015 issue.

#### Sneak Peek

##### **Six Key Steps of Advance Care Planning**

**National Health Care Decisions Day** is coming up on April 16th. This annual day is an initiative to encourage people to express their wishes regarding healthcare and for providers and facilities to respect those wishes, whatever they may be. With this goal in mind, the Director of the ABA's Commission on Law and Aging provides these six steps to help direct you and your clients on the path of advance care planning.

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*Bifocal* is distributed six times a year to state and regional elder bar section and committee officers and members, legal services providers, elder law and other private practitioners, judges, court staff, advocates, policymakers, law schools and elder law clinics, law libraries, and to other professionals in the law and aging networks.

The mission of the ABA Commission on Law and Aging is to strengthen and secure the legal rights, dignity, autonomy, quality of life, and quality of care of elders. It carries out this mission through research, policy development, technical assistance, advocacy, education, and training on a wide range of law-related issues, including: legal services to older persons; health and long-term care; housing; professional ethical issues; Social Security, Medicare, Medicaid, and other public benefit programs; guardianship; elder abuse; health care decision-making; pain management and end-of-life care; dispute resolution; and court-related needs of older persons.

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