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**Subject:** Older Americans Month Empowers Older Adults and Communities to “Get into the Act”

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**December 4, 2014**

## **Older Americans Month Empowers Older Adults and Communities to “Get into the Act”**

Each May, the Administration for Community Living (ACL) celebrates Older Americans Month to recognize older Americans for their contributions to the nation. In honor of the upcoming 50th anniversary of the Older Americans Act (OAA), we are focused on how older adults are taking charge of their health, getting engaged in their communities, and making a positive impact in the lives of others. The theme for Older Americans Month 2015 is “Get into the Act.”

The OAA was signed into law by President Lyndon Johnson in 1965. It provides a nationwide aging services network and funding that helps older adults live with dignity in the communities of their choice for as long as possible. These services include home-delivered and congregate meals, caregiver support, community-based assistance, preventive health services, personal care, transportation, job training, ombudsman services, legal assistance, and elder abuse prevention. By providing a variety of resources in these areas, ACL works year-round to support the goals of the OAA. We hope to use this Older Americans Month as a vehicle for individual and community empowerment. By promoting and engaging in activity, wellness, and inclusivity, more Americans than ever before can “Get into the Act.”

Information to help your organization celebrate Older Americans Month will be coming soon!

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