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Subject: Test your smarts on malnutrition

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Test your smarts on malnutrition

It's Malnutrition Awareness Week™ through Sept. 30. For older adults, malnutrition can be a serious issue, especially if they had a recent hospital stay. Find out how much you know with our new quiz—plus get the facts and a list of 6 questions to ask the doctor.

[Get started](#)

Sept. 27, 2016

Watch and share: 2 new falls prevention videos!

In case you missed them during last week's Falls Prevention Awareness Day, we have two new videos worth sharing. One gives you a peek into 4 evidence-based falls prevention programs. The other features a home safety walk-through with simple tips everyone can use to prevent a fall.

[Watch the program video](#) | [Watch the home safety video](#)

Democratic health leaders introduce bill to strengthen Medicare

Last week, Democratic Congressional leaders on Medicare issues introduced the Medicare Affordability and Enrollment Act (S 3371, HR 6109) which, among other things, would cap out-of-pocket spending, significantly

improve Medicare low-income protections, and make permanent funding for low-income outreach and enrollment activities. Lead by the ranking members of the three committees with Medicare jurisdiction, Sen. Wyden (OR) and Reps. Levin (MI) and Pallone (NJ), along with input and support from NCOA and other beneficiary advocacy groups, the bill includes a range of important improvements that we hope can gain wide support in Congress next year.

[See a one-page summary](#) | [See a section-by-section summary](#)

Healthy aging with HIV

Healthy aging with HIV is possible, but it starts with education. That's why NCOA has partnered with other national organizations on *HIV: The Long View*, a new report that outlines action steps that support long-term health and well-being for people living with and at risk for HIV.

[Download the report](#)

Fighting ageism across the globe

Oct. 1 is the 2016 United Nations International Day of Older Persons. The event is designed to take a stand against ageism by drawing attention to and challenging negative stereotypes and misconceptions about older persons and aging.

[See what's planned](#)

Coming up...

- **Suicide Prevention Among Older Adults:** Learn the risk factors for suicide among older adults and how evidence-based programs can help. *Sept. 29 @ 3:30 p.m. ET*
- **Successful Practices for Cross-Promoting CDSME and Falls Prevention Programs:** Discover how to cross-promote these programs by leveraging statewide partnerships. *Oct. 18 @ 3 p.m. ET*

Did you miss this?

- **Medicare Part D costs in 2017:** See costs for prescription drug plans and the Part D donut hole.
- **Flu + You:** Flu season is here, and we have everything you need to educate adults 65 years of age and older on how they can help maintain their health.

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