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Long Distance Caregiving: Playing Detective • November 10, 2015 • Issue #863

EDITOR'S PEN

Gary Barg, Editor-in-Chief

An Interview with Marlo Thomas

Margaret Julia "Marlo" Thomas is an American actress, producer, and social activist known for her starring role on the TV series That Girl. She also serves as National Outreach Director for St. Jude Children's Research Hospital. Marlo is the recipient of four Emmy Awards, a Golden Globe Award, a Grammy Award, and the George Foster Peabody Award.

Gary Barg: Tell me a bit about the St. Jude Children's Research Hospital and the Thanks and Giving campaign.

Marlo Thomas: One of the reasons that St. Jude is so distinctive is that it is a research and treatment center under one roof. ...[more](#)

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FEATURED ARTICLE

Long Distance Caregiving: Assessing Needs

By: Jennifer Bradley, Staff Writer

It is easy for most people to notice when a loved one is slipping, such as in their declining care in appearance, personal hygiene, home organization, etc. For the long-distance caregiver, these little hints suggesting a need for assistance are harder to detect. [...more](#)

GUEST ARTICLE

Living Longer with Palliative Care

By Helen McNeal

November is National Hospice & Palliative Care Month. It is estimated that 1.5 to 1.6 million patients in the United States received hospice or palliative care services in 2012. Anecdotal accounts indicate that many more who would benefit by this care did not have access to it or had to wait so long that services were provided only during their final few days of life. [...more](#)

CARETIPS

10 Tips to Protect a Wandering Loved One

By John Paul Marosy

PROVIDE INFORMATION TO HELP WITH SEARCH AND RESCUE:

- Advise Local Responders First – Fill out a 911 disability indicator form and submit it to your local law enforcement agency. The information on the form alerts law enforcement that a person residing at that address may require special assistance during an emergency. Also, fill out a more detailed handout with this information that you can provide to first responders and search and rescue personnel in the event of a wandering incident. [...more](#)
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CARENOTES

From Lisa:

Since November is National Family Caregiver Appreciation Month, I wanted to post a "Thank YOU" to caregivers. Often the spouse, child, parent or other loved one is not able to show the appreciation due. In my line of work in home-care, I see many spouses and adult children providing care, and their duties are usually 24/7. Remember to take some time for yourself to get recharged, to get some stress relief and get support. Then you can be better for your loved one too! Support Groups are a great start for information, tips and support. [...more](#)

SHARE YOUR THOUGHTS FOR NATIONAL FAMILY CAREGIVERS MONTH

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