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Subject: 18 steps to fall proofing your home

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18 steps to fall proofing your home

More than 75% of falls take place inside or near the home. The good news is that some simple and quick changes can help reduce the risk of falling. Read and share 18 steps explained by Scott Trudeau, an occupational therapist.

[Get started](#)

Nov. 1, 2016

Labor Department announces older worker grants

The U.S. Department of Labor has announced 20 grants to 19 national nonprofit organizations, including NCOA, to administer the Senior Community Service Employment Program (SCSEP). NCOA is now the third largest national SCSEP sponsor with \$37 million annually to support 3,885 low-income older adults as they gain training to re-enter the workforce.

[Read the announcement](#) | [Learn about SCSEP](#)

NCOA board members named top Influencers in Aging

Congratulations to two members of NCOA's Board of Directors who have made Next Avenue's 2016 Influencers in Aging list. Bob Blancato is executive director of the National Association of Nutrition and Aging Services Programs and national coordinator of the Elder Justice Coalition. June Simmons is president and CEO of Partners in Care Foundation, an

innovative model of health care delivery for older adults.

[See the 2016 list](#) | [Meet NCOA's board](#)

How Social Security fights poverty

Social Security lifted 22 million people out of poverty last year, according to a new analysis from the Center on Budget & Policy Priorities. Its anti-poverty effect extends to every state, lifting more than 1 million seniors out of poverty in California, Florida, and Texas.

[Find numbers for your state](#)

Coming up...

- **Web Accessibility Compliance: Making Sure Your Website Doesn't Play Favorites:** Discover legal requirements and professional standards for website accessibility, especially for sites serving older adults. *Nov. 3 @ 1:30 p.m. ET*
- **NISC 2016 Programs of Excellence:** Submit your outstanding senior center program to our National Institute of Senior Centers (NISC). *Deadline Nov. 11*
- **Learn to Navigate the New Roadmap to Community-Integrated Health Care:** Join our Center for Healthy Aging for a guided tour of a new tool on ncoa.org that can help community organizations connect to health care partners. *Nov. 15 @ 3 p.m. ET*

Did you miss this?

- **Election 2016: Where the Candidates Stand:** Find out where the two major party presidential candidates stand on issues of concern to older adults and the aging network.
- **Medicare Open Enrollment:** Share our checklist to help older adults review their plans by Dec. 7.
- **4 Important Vaccines for Seniors Covered by Medicare:** Share our list of four vaccines that Medicare covers to help seniors stay healthy.

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